

# Visceral Lymphatic Drainage/ Chi Nei Tsang



This 30-hour course offers a blend of skills to enhance the function of the vital organs. The course is taught from a Taoist perspective with strong emphasis on energy cultivation, subtle sensing, focused attention, bodywork techniques and botanical adjuncts. Students will learn to tonify visceral function, detoxify vital organs, drain lymphatic pathways, release muscular spasm, enhance qi within the subtle fields and flows and restore mental/ emotional balance within the context of a bodywork session. Students will learn to address a variety of pathologies that may arise from: dietary indiscretion, environmental toxins, pharmaceuticals, vaccinations and mental/emotional distress. The course will be conducted indoors and outdoors and require full in person attendance. Course exercises will include Qigong Exercises, Herbal Preparation, Healing Sounds, Bodywork Exchange and treating the general public within SBBTI's supervised student clinic.

*"I didn't realize anything was off before the treatment. Afterwards the whole world had changed. It seemed brighter and I was more aware of EVERYTHING, as though my consciousness expanded.  
Ron Buckley's feedback after his visceral balancing session. SBBTI 750 grad*



**2024 CLASS: THURS, FEB 8 – MAR 14, 9-1:30 PM**

**CLINIC: TUES. MAR 19, MON, MAR 25 10:00-- 1:15 PM**

**REG FEE: \$50 TUITION: \$600 TEXTBOOK: CHI NEI TSANG BY MANTAK CHIA \$22**

**LOCATION: 516 N QUARANTINA ST AND 1201 W VALERIO**



**Instructor Katie Mickey, CAMTC #18289, H.H.P., R.P.P**

Katie has served as Director of the Santa Barbara Body Therapy Institute since 1989. She began her studies of TCM with the College of Oriental Medicine in 1983. Went on to studied personally with Mantak Chia and Gilles Marin in the 90s.- modern day Taoists who have brought Chi Nei Tsang to the west. She has shared the Taoist practices of Qigong, Acupressure and Visceral manipulation to thousands of students within the Institute's many programs.

Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111. Approved for training for Veterans and eligible persons by the CA State Approving Agency for Veterans #2-5-1333-05. Approved by the CAMTC only as a part of our 550 hour program requirement #SCH 0020. Accepted by CA Vocational Rehabilitation.

**Santa Barbara Body Therapy Institute 516 N Quarantina St Santa Barbara, CA 93103**

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