

Thai Massage



This 30 hour course imparts a floor style of bodywork utilized in India and Thailand as part of traditional Thai medicine for 2500 years. Similar to Chinese medicine, it works with the body's energetic pathways. Students learn to open and release the meridian and muscular systems through deep stretches and compressive techniques, while clients lie on a mat on the floor. Students will learn massage routines for prone, supine, seated, and side lying positions. The benefits of Thai Massage include: better sleep, better relaxation, improved digestion, calm mind and increased mindfulness.

“After my session, I felt free and floating like a piece of seaweed in the ocean. Several days later I still have that feeling inside me. Sacco’s hands are so full of love, I couldn’t follow what he was doing and my hip relaxed deeply. My client’s afterwards all asked me what did I do differently this time? They could sense I was altered and received the benefits as well.”
Martha Sundholm. 550 Massage Therapist Graduate and Personal Trainer



2022 Class: Sep 21 – Oct 26 (Wed), 5-9:30 pm

Clinics: Mon, Oct 31, 12:45 – 4pm/Wed, Nov 2, 4-7:15 pm

Reg Fee: \$43 **Tuition:** \$432

Supplies: two pillows and optional Thai Massage pad (details will be discussed at first class)



Katie Mickey CAMTC# 18289, H.H.P, R.P.P

Katie has served as Director and core instructor of the Santa Barbara Body Therapy Institute for over 32 years. During that time, she has trained over 3000 students in the Institute’s many programs. She has also served as School Advisory Committee member to the CAMTC. Her educational background includes: UCSB, The International Institute of Reflexology, Santa Barbara College of Oriental Medicine, Institute of Holistic Healing, Body Therapy Institute, School of Intuitive Massage and the Center for Nonviolent Communication. She maintains a private bodywork practice.

Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111 Approved for training for Veterans and eligible persons by the CA State Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111. Approved for training for Veterans and eligible persons by the CA State Approving Agency for Veterans #2-5-1333-05. Approved by the CAMTC only as a part of our 550 hour program requirement #SCH 0020. Accepted by CA Vocational Rehabilitation.

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