

# 250 Hour Massage Practitioner Program



Our Massage Practitioner Program offers a gateway to employment and self-employment in the fast-growing field of Alternative Health Care. Our training provides daily life skills for activating the body's mechanisms of self-healing, through massage, gentle movement, deep breathing and deep relaxation. Our program is modular with multiple start dates, day and evening classes. Our admissions requirements include having earned a high school diploma, GED or passing grade on the CHSPE as well as the ability to read and write English. Program completion qualifies graduates to obtain a Massage Technicians' Permit and Business License within the city of Santa Barbara and local municipalities with similar requirements.

**Massage Practitioner Program Includes:** Swedish Massage    Deep Tissue    Reflexology    Kinesiology  
Student Clinics    Nutrition    Ethics

## 2022 Winter/Spring Massage Practitioner Modules

**Ethics:** Mar 24-Apr 14 (Thu) 5:00-9:00 pm

**Nutrition:** April 28-May 12-26 (Thu) 5:00-8:15pm

**Kinesiology:** April 29-June 3 (Fri), June 2, 9 (Thu) 5:00-9:00 pm

**Deep Tissue:** June 10, 24, July 1 (Fri), June 16-30 (Thu) 5:00-9:00 pm  
**DT Clinics:** tba

**Reflexology:** June 17 (Fri) 5:00-8:30 pm; June 18, 19 (Sat/Sun) 9:00-5:00 pm  
**RF Clinics:** June 21 (Tue), June 23 (Thu) 4:00-7:15pm

**Swedish:** June 22-July 27, Aug 31 (Wed), June 23-Sept 1 (Thu) 9:00-1:30 pm  
**SW Clinics:** tba



**Kathleen Mickey, HHP, RPP, CAMTC #18289**

A Somatic Educator since 1986, Kathleen Mickey, is the director and lead instructor of the Santa Barbara Body Therapy Institute. Over the past 29 years, she has trained over 3,000 students in massage, bodywork, and holistic health. Her students have provided massage for over 12,000 clients in SBBTI's student clinic. Her graduates are gainfully employed throughout the tri-counties, in all the major spas, physical therapy offices, and various private practices.

Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111. Approved for training for Veterans and eligible persons by the CA State Approving Agency for Veterans #2-5-1333-05. Approved by the CAMTC only as a part of our 550 hour program requirement #SCH 0020. Accepted by CA Vocational Rehabilitation.

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