

# 250 Hour Massage Practitioner Program



Our Massage Practitioner Program offers a gateway to employment and self-employment in the fast growing field of Alternative Health Care. Our training provides daily life skills for activating the body's mechanisms of self-healing, through massage, gentle movement, deep breathing and deep relaxation. Our program is modular with multiple start dates, day and evening classes. Our admissions requirements include having earned a high school diploma, GED or passing grade on the CHSPE as well as the ability to read and write English. Program completion qualifies graduates to obtain a Massage Technicians' Permit and Business License within the city of Santa Barbara and local municipalities with similar requirements.

Swedish Massage  
Nutrition

#### Massage Practitioner Program Includes:

Deep Tissue  
Ethics

Reflexology  
Kinesiology

Student Clinics

### 2022 Winter/Spring Massage Practitioner Modules

**Swedish:** Feb 10—Mar 17, April 21 (Thurs) 5:00-9:30pm; Feb 11-Apr 22 (Fri), 5-9:30pm

**SW Clinics:** Tue 4:00-7:15pm & Thu 10:00-1:15pm

**Ethics:** Mar 24-Apr 14 (Thurs) 5-9pm

**Nutrition:** April 29 – May 20 (Fri) 5-8:15pm

**Kinesiology:** April 28-Jun 2 (Thurs), May 27- Jun 3, (Fri) 5-9pm

**Deep Tissue:** June 9-30 (Th) /June 10, 24, Jul 1 (Fri) 5-9pm

**DT Clinics:** tba

**Reflexology:** June 17 (Fri), 5-8:30 pm; June 18, 19 (Sat/Sun), 9-5pm

**RF Clinics:** Jun 21, 23 (Tues, Th) 4-7:15pm



**Kathleen Mickey, HHP, RPP, CAMTC #18289**

A Somatic Educator since 1986, Kathleen Mickey, is the director and lead instructor of the Santa Barbara Body Therapy Institute. Over the past 29 years, she has trained over 3,000 students in massage, bodywork, and holistic health. Her students have provided massage for over 12,000 clients in SBBTI's student clinic. Her graduates are gainfully employed throughout the tri-counties, in all the major spas, physical therapy offices, and various private practices.

Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111. Approved for training for Veterans and eligible persons by the CA State Approving Agency for Veterans #2-5-1333-05. Approved by the CAMTC only as a part of our 550 hour program requirement #SCH 0020. Accepted by CA Vocational Rehabilitation.

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