

Neuroendocrine Physiology and Pathology



This 32 hour course covers the physiology and pathology of the nervous, endocrine and reproductive systems. In this course students will learn fundamental information regarding the command, control & regulation systems of the body; how they work and how massage can benefit them. This course also addresses common pathologies in these body systems; precautions and contraindications for the practice of massage. Causative factors from an allopathic and holistic perspective are combined with effective life style measures for prevention of illness are also addressed.

Students will learn:

- Functions and components of the nervous system and endocrine system
- How bodywork can help unwind stress and activate the body's mechanisms of self-healing
- Neurochemicals involved in emotional states, anxiety and sleep
- Pathologies of the Neuroendocrine Systems, including: definitions, signs and symptoms, treatments
- Contraindications and benefits of massage for assorted neuroendocrine pathologies



2023 Class: Tuesday, Feb 7-April 4; 4:30-8pm

Reg Fee: \$50 Tuition: \$576 Textbook: \$97

Course location: 516 N Quarantina St.

Required Text: Massage Therapy Principles and Practices; Susan Salvo



Katie Mickey CAMTC #18289, H.H.P., R.P.P

Katie has served as Director of the Santa Barbara Body Therapy Institute for over 25 years. She has taught acupressure and process skills to thousands of students within the Institute's many programs. She received her training in skills included in course content through the Santa Barbara College of Oriental Medicine, the Institute for Holistic Healing, the Center for Nonviolent Communication, Women Within and Access Consciousness.