

Manual Lymphatic Drainage



In this 30-hour course we will dive into the wisdom and guidance of our inner ocean. The immune system is continuously communicating its condition and needs. We will explore listening to this fluid language. The lymphatic system allows us to have an internal focus of control in our choices within relationships and environment. Through gentle touch, movement, herbs, diet and our thoughts we enhance our immunity to toxins and pathologies. By establishing a more respectful relationship with our bodies, we invoke the potent energies of the cells, leading to protection, healing and growth.

"The Lymphatic Drainage class was excellent! Our instructor, Jennie, was able to both articulate and demonstrate the techniques of this valuable and effective modality. She then instructed us in how to practice on ourselves. Luckily for me, I was quarantining with a longtime girlfriend of mine and her daughter. Not only was I able to practice with both of these ladies, but Virginia had been experiencing swelling of her lymph nodes and I was able to relieve her discomfort. More recently, working at Salt Cave. I used a body brush along with lymphatic drainage in certain body treatments."

-Laura Luongo, Massage Therapist, 1000 hour student

2022 Class: Thurs, Oct 13-Nov 17, 4-8:30 pm

Clinic: Thurs, Dec 1, 8, 4-7:15 pm

Reg Fee: \$50 **Tuition:** \$540

Textbook: Handouts



Instructor: Jennie Zaine CAMTC #67394

Conducting a bodywork practice since 2009. **Manual Lymphatic Drainage, Swedish Massage, Deep Tissue, Clinic Supervisor.** Jennie is a graduate of SBBTI's 1000hr HHP program. In her practice she offers listening through touch and mindful presence. Jennie imparts a deep respect for the being aspect of relating or engaging in the tissues within the bodywork session. Her presence is an ongoing support for the daily operations of the Institute much like fascia within the body, she brings cohesion and order to the space within.

Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111 Approved for training for Veterans and eligible persons by the CA State Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111. Approved for training for Veterans and eligible persons by the CA State Approving Agency for Veterans #2-5-1333-05. Approved by the CAMTC only as a part of our 550 hour program requirement #SCH 0020. Accepted by CA Vocational Rehabilitation.

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