

ADDENDUM



Santa Barbara Body Therapy Institute 516 N. Quarantina Street, Santa Barbara CA 93103

Contact Us:
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Email: info@sbbti.com

The first class of each course has a *free 90 minute* introduction for prospective students

2024 Schedule as of 03/16/24

All classes at Quarantina St Facility

IDL requirements: reside 30 + mi away, illness, transportation issues, or Director's Waiver. Must obtain IDL permission prior to start of class. All course assessments must be done in person. (R-required). (E elective)

(E- Elective)

COURSES (E= Elective or R=Required) (Instructor)	HRS	CLASS DATES/DAYS LOCATION	CLASS TIMES	CLINIC DATES -	CLINIC TIMES	REG FEE	TUITION A la carte courses only	Supplies approx cost
Swedish Massage (R) (Katie Mickey, Lori Lewis, Keld Hove, Lesley Weinstock and Jenny Zaine)	130	Wed Feb 7-28, Feb 27- Apr 3, Apr 17-May 1(Live) Thu Feb 8 -Apr 11 (Live)	5:15-9:30pm	Thu Apr 18-May 2, Jul 18 – ongoing May 23 – Jul 11 Tue May 7 – Jul 30	5:15-8:30pm 1:45-5pm 5:15 -8:30pm			MPP- \$97 Notebook - \$0
Compressive Deep Tissue (E) Gabriella Radu	30	Mon (Live) Feb 12-Mar 11 Mar 18	9-1:30pm 9-1:15pm	Mon Apr 8	10-1:15pm	\$50	\$600	Fix Pain \$65
Neuroendocrine Physiology, Pathology (R) (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Tue Feb 13- Mar 5 Mon Mar 11-25 (IDL opt) Apr 1 (Live)	5-9	n/a		\$50	\$640	MPP- \$100 Notebook - \$0
Nutrition (R) (Katie Mickey and Cass Cornish)	13	Wed Mar 6-20, Apr 10	5-8:15pm	n/a		\$26	\$260	Handouts
Cranial Sacral I (E) (Katie Mickey and Ron Buckley)	30	Tue (Live) Mar 12 --Apr 16	5 -9:30pm	Tue Apr 23, 30 Mon May 6	5-8:15pm 1-4:15pm	\$50	\$600	
Deep Bodywork (E) (Lori Lewis)	30	Wed (Live) Mar 20-Apr 17 Apr 24	9-1:30pm 9-1:15pm	Wed Apr 24 May 1	1:30-4:45pm 10-1:15pm	\$50	\$600	
Pregnancy Massage (E) (Katie Mickey)	30	Thu (Live) Apr 4 May 2, May 9	9-1:30pm 9-1:15pm	Thu May 9 Mon May 20	1:30-4:45 10-1:15pm	\$50	\$600	
Muscle Physiology Pathology (R) (Dawn Williamson)	16	Mon Apr 8-22 (IDL opt) Apr 29 (Live)	5-9pm	n/a		\$32	\$320	MPP \$103
Thai Massage (Sacco Nazloomian)	30	Mon, Tue , Thu-Sat May 13, 14, 16-18,	10:15-3:15pm	Tue May 21	10-1:15pm			
Kinesiology (R) (Dawn Williamson)	36	Tue, Wed May 22-Jun 13 June 20	5:15-9:15pm			\$50	\$720	handouts
Hot Stone (E) (Laura Luongo)	20	Mon (Live) May 6-20, Jun 3	5-9:15pm	Mon Jun 10,17	5-8:15pm	\$36	\$360	Basalt Rocks and heater

Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed May 1-Jun 12 (IDL opt) Jun 19 (Live)	10:15-2:15	n/a			\$50	\$640	MPP \$103
Business Skills (R) (Katie Mickey and guests)	20	Thu May 23-Jun 20	9:30-1:30	n/a			\$42	\$420	handouts
Polarity Therapy (E) (Katie Mickey)	30	Thu Jul 25-Aug 29	9-1:30pm	Thu Aug 29	1:30-4:45		\$50	\$600	
<i>Eve Massage Practitioner</i> <i>Feb 7-Jul 17, 2024</i> <i>Latest end date Dec 7, 2024</i>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES		REG FEE \$200, below a la carte courses	TUITION Program \$4000 Below A la carte courses	Supplies approximate cost
Swedish Massage (R) (Katie Mickey, Lori Lewis, Keld Hove, Lesley Weinstock and Jenny Zaine)	130	Wed Feb 7-28, Feb 27- Apr 3, Apr 17-May 1(Live) Thu Feb 8 -Apr 11 (Live)	5:15-9:30pm	Thu Apr 18-May 2, Jul 18 – ongoing May 23 – Jul 11 Tue May 7 – Jul 30	5:15-8:30pm 1:45-5pm 5:15-8:30pm				MPP- \$97 Notebook - \$0
Nutrition (R) (Katie Mickey and Cass Cornish)	13	Wed Mar 6-20 (IDL opt) Mar 27 (Live)	5-8:15pm	n/a			\$26	\$260	Handouts
Kinesiology (R) (Dawn Williamson)	36	Wed, Thu May 22-Jun 13, June 20	5:15-9:15pm	n/a			\$50	\$720	handouts
Ethics Essentials (R) ® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a			\$32	\$320	MPP -\$97
Deep Tissue (R) (Dawn Williamson)	30	Thu Jun 19, 27, Jul 11 Wed Jun 26-Jul 10 (Live)	5-9:30pm	Wed Jul 10, 17	5:15-8:30pm		\$50	\$600	MPP- \$97 Notebook - \$0
<i>Eve Massage Therapist</i> <i>Feb 7, 2024- Feb 7, 2025</i> <i>(LII, 300hrs in addition to 250hrs)</i> <i>Latest end date Dec 7, 2025</i>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES		Reg Fee a la carte courses	TUITION a la carte courses	Supplies approx cost
Neuroendocrine Physiology, Pathology (R) (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Tue Feb 13- 27 Mon Mar 4-25 (IDL opt) Apr 1 (Live)	5-9	n/a			\$50	\$640	MPP- \$100 Notebook - \$0
Cranial Sacral I (E) (Katie Mickey and Ron Buckley)	30	Tue (Live) Mar 12 --Apr 16	5 -9:30pm	Tue Apr 22, 30 Mon May 6	5-8:15pm 1-4:15pm		\$50	\$600	
Muscle Physiology Pathology (R) (Dawn Williamson)	16	Mon Apr 8-22 (IDL opt) Apr 29 (Live)	5-9pm	n/a			\$32	\$320	
Hot Stone (E) (Laura Luongo)	20	Mon (Live) May 6-20, Jun3	5-9:15pm	Mon Jun 10, 17	5-8:15pm		\$36	\$360	Basalt Rocks and heater
Trigger Point (E) Gabriela Radu	60	Mon-Tues Sept 16 – Oct 21	5-9:30 pm						
Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed Sep 18- Oct 30 (IDL Opt) Nov 6 (Live)	5-9pm	(3) Wed Oct 22 – Nov 5	5-8:15 pm		\$50	\$640	MPP \$103

Muscle Testing (E) Dr Hesu Whitten	30	Mon Oct 28-Nov18 Dec 2, 9	5-9:30 pm	Mon Dec 16	5-8:15 pm				
Business Skills (R) Katie Mickey and guests	20	Wed Nov 13, 20 Dec 4-18	5-9pm	n/a					
Thanksgiving and Christmas Breaks		Nov 27-Dec 1, Dec 20, 2024- Jan 05, 2025							
Neuroendocrine Physiology, Pathology (R) (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Wed Jan 15-Mar 5	5-9	n/a		\$50	\$640	MPP- \$100 Notebook - \$0	
Eve Massage Practitioner May 21- Sept 10 2024 <i>Latest end date Mar 21, 2025</i>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE a la carte courses	TUITION la carte courses	Supplies approx cost	
Swedish (R) Katie Mickey	130	Tues May 21 – Jul 30 Mon June 24, Jul 1-29	5-9:30 pm	Thu July 25 ongoing	5-8:15 pm			MPP - \$97 Notebook \$0	
Kinesiology (R) Dawn Williamson		Wed, Thu May 22 – June 13, 20	5:15 – 9:15 pm			\$50	\$720	handouts	
Nutrition (R) (Katie Mickey and Cass Cornish)	13	Wed Jun 19, Jul 3, 10, 24	5-8:15pm			\$26	\$260	Handouts	
Reflexology	21	Wed Jun 26 Sat,Sun Jun 29, 30	5-9 9:30 – 5:30	Mon Jul 1	5-8:15 pm	\$50	\$600	MPP \$ 97 Notebook \$0	
Ethics Essentials (R) Katie Mickey and Keld Hove	16	Mon, Tue Aug 5 - 13	5-9 pm			\$32	\$320		
Deep Tissue (Live- R) (Dawn Williamson)	30	Mon Aug 19-27 Sept 3, 9	5-9:30 pm	Tue Sept 10	5-8:15 pm	\$50	\$600	MPP- \$97 Notebook - \$0	
Thanksgiving and Christmas Breaks		Nov 22-Dec 1, Dec 20, 2024- Jan 05, 2025							
Massage Practitioner Program LI	250 hrs	Pmt plan \$1020 (4m)	Pmt plan \$695 (6M)	Pmt plan \$520 (8m)	Pmt plan \$420 (10m)	Reg Fee \$200	Program Tuition 4000	Supplies \$97	
Massage Therapist Program LII	300 hrs	Pmt plan \$920 (6m)	Pmt plan \$695 (8M)	Pmt plan \$560 (10 m)	Pmt plan \$470 (12 m)	Reg Fee \$200	Program Tuition \$5400	Supplies varies based on electives	
Massage Therapist Program LI&II	550 hrs	Pmt plan \$1586 (6m)	Pmt plan \$803 (12 m)	Pmt plan \$542 (18 m)	Pmt plan \$447 (22m)	Reg Fee \$200	Program Tuition \$9400	Supplies varies based on electives \$	
Holistic Health Practitioner LI, II, III &IV	1000 hrs	Pmt plan \$1366 (13 m)	Pmt plan \$992 (18M)	Pmt plan \$895 (20 m)	Pmt plan \$749 (24 m)	Reg Fee \$200	Program Tuition \$17,500	Supplies varies based on electives	

Out of Country Program 2024	55	CLASS DATES/DAYS LOCATION TBA	CLASS TIMES				REG FEE \$200	TUITION \$1100	Supplies \$0
May 7--18 Business Skills (IDL) Ethics and Bodywork Theory and Practice (Live)	16	Tue, Fri May 7, 10 Wed, Thu May 8, 9	5:15-8:45 5:15 – 9:15						
	40	Tues, Thu-Sat May 14, 16-18 Wed May 15 Tue-Fri May 14 -17	10:15-3:15pm 10:15 -2:15pm 5:15 – 9:15pm				\$200	\$1100	

How to Apply A student’s space in programs and courses is reserved upon receipt of registration fee, application form, and enrollment agreement form and admissions interview. Courses without sufficient enrollment or subject to Acts of God will be postponed or cancelled (any refunds due will be issued via check within 7 days). Please see full catalog for a complete listing of program & course descriptions, instructor biographies, and school policies.

Required and Recommended Textbooks for Courses 250/550/750 /1000 hr programs: Massage Therapy Principles and Practice (MPP)-by Susan Salvo **(Required)** \$97
 Acupressure and the Myofascia: The Spark in the Machine by Dr. Daniel Keown **(Required)** \$11
 Craniosacral Therapy I : Craniosacral Manual (CM) by Mary Sullivan **(Required)** \$25
 Craniosacral Therapy II : Activating the Vagus Nerve by Stanley Rosenthal **(Required)** \$26
 Immune Physiology Pathology: (MPP)-by Susan Salvo **(Required)** \$97 ; Acupressure Potent Points by Michael Reed Gach **(Required)**
 Medical Qigong Essentials: The Promise of Qi (PQ) by Roger Jahnke **(Required)**
 Muscle Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo **(Required)** \$97
 Myofascial Release: Anatomy Trains (AT) by-Thomas Myers **(Required)** \$65
 Neuroendocrine Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo **(Required)** \$97
 Trigger Point: Trigger Point Workbook (TPW) by Davies & Davies **(Required)** \$20
 Visceral Lymphatic: Chi Nei Tsang (CNT) by Mantak Chia and Healing for the Age of Enlightenment by Stanley Burroughs (Recommended)