

Santa Barbara Body Therapy Institute 516 N. Quarantina Street, Santa Barbara CA 93103

Contact Us: www.sbbti.com Phone: 805-966-5802 Email: info@sbbti.com The first class of each course has a *free 90 minute* introduction for prospective students

2024 Schedule as of 04/20/24

## All classes at Quarantina St Facility

<u>IDL requirements: reside 30 + mi away, illness, transportation issues, or Director's Waiver. Must obtain IDL permission</u> prior to start of class. All course assessments must be done in person. (R-required). (E elective)

		1	1	(E-Elective)	· · ·			
Massage Practitioner Eve Level I Feb 7-Aug 7, 2024 Latest end date Dec 7, 2024	HRS	CLASS DATES/DAYS LOCATION	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE	TUITION A la carte courses only	Supplies
Swedish Massage (R) (Katie Mickey, Lori Lewis, Keld Hove, Lesley Weinstock and Jenny Zaine)	130	Wed Feb 7-28, Feb 27- Apr 3, Apr 17-May 1(Live) Thu Feb 8 -Apr 11 (Live)	5:15-9:30pm	Thu Apr 18-May 2, Jul 18 – ongoing May 23 – Jul 11 Tue May 7 – Jul 30	5:15-8:30pm 1:45-5pm 5:15-8:30pm			MPP- \$97 Notebook -\$0
Reflexology (Katie Mickey)	21	Tue May 7-28	5-9:15	Fri May 31 or Tue Jun 4	5-8:15 pm 1:15-4:30pm	\$50	\$600	MPP \$ 97 Notebook \$0
Ethics Essentials (R) ® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a		\$32	\$320	MPP -\$97
Kinesiology (R) (Dawn Williamson)	38	Wed, Thu May 22-Jun 19	5:15-9:30pm	n/a		\$50	\$760	handouts
Deep Tissue ( R) (Dawn Williamson)	30	Wed Jun 26-Jul 31	5-9:30pm	Wed Aug 7, 14	5:15-8:30pm	\$50	\$600	MPP- \$97 Notebook -\$0
Massage Practitioner Eve Level I May 7- Sept 19 2024 Latest end date Mar 7, 2025		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE a la carte courses	TUITION la carte courses	Supplies approx cost
Reflexology (Katie Mickey)	21	Tue May 7-28	5-9:15	Fri May 31 or Tue Jun 4	5-8:15 pm 1:15-4:30pm	\$50	\$600	MPP \$ 97 Notebook \$0
Ethics Essentials (R) ® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a		\$32	\$320	MPP -\$97
, Kinesiology (R) Dawn Williamson	38	Wed, Thu May 22 – June 19	5:15 – 9:30 pm	n/a		\$50	\$760	handouts

το	Mon Apr 8-22 (IDL Apr 29 (Liv		5-9pm	n/a			\$32	\$32	U	MI \$1		
Pregnancy (Katie Mick	Massage (E) (ey) Mon	30	Thu (Live) Apr 4- May 2, 16	9-1:30pm	(1) Mon May Tue May		1:30-4:45 10-1:15pr	n		\$50 Mi	\$600	
Deep Body (Lori Lewis)	)	30	Wed (Live) Mar 20-Apr 17 Apr 24	9-1:30pm 9-1:15pm	Wed Ap May 3		1:30-4:45 10-1:15			\$50	\$600	
Latest end 202 5/07 5/07 Latest e 3/07, 8/26/24 Latest er 26	7/25 date Dec 7, 25 or 7/24- 7/25 end date /26 or I-8/26/25 nd date 6/ /26		LOCATION -			-			а	G FEE la carte ourses	TUITION la carte courses	cost
Ther 2/07	rapist 7/24-	HRS	CLASS DATES/DAYS	CLASS TIMES	CLINI		CLINI TIME					Supplies approx
Dawn Will			Jan 14-30	9-1:30	Feb 4		10.15-1			<i></i>		
Kinesiology Dawn Willia Deep Tissu	amson	38	Tue, Thu Nov 14-21, Dec 3-19 Tue, Thu	9-1:15pm	n/a Tue		10:15-1	•30		\$50 \$50	\$760	
Katie Mick Hove)	ntials (R) <sup>®</sup> key and Keld		Tue, Thu Oct 15-29	1:45-5pm	n/a					\$32	\$320	
Cornish)	key and Cass		Tue Sep 17-Oct 8	1:45-5pm	n/a					\$26	\$260	
Swedish ( R Katie Mick guest Instru	key and	130	Tue, Thu Sep 12-Nov 12	9-1:30	ТВА							MPP - \$97 Notebook \$0
Reflexology Katie Mick		21	Tue, Thu Aug 27- Sep 5	9-1:30	Tue, Ser Thu, Ser		10:15-1 1:45-5p			\$50	\$600	MPP \$ 97 Notebook \$0
Practi Level 8/27 2/13 Latest end	itioner I Day 7/24- 1/25 date Jun 27, 025		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINI DATE	-	CLINI TIME	-	а	G FEE la carte ourses	TUITION la carte courses	Supplies approx cost
Dawn Will	iamson)		Aug 27, Sep 3- 17		Sept 1	19						Notebook -\$0
Nutrition (Katie Mick Cass Cornis Deep Tissue	key and sh) e (Live- R)	13 30	Thu Aug 8-29 Tue, Thu	5-8:15pm 5-9:30 pm	Thu		5-8:15 (	om		\$26 \$50	\$260	MPP- \$97
Swedish ( R Katie Mick guest Instru	ey and uctors)	130	Tues Jun 4-Aug 20, Thu Jun 20, 27, Jul 11- Aug 1 Thu	5-9:30 pm	(17) th	ba				\$26	\$260	MPP - \$97 Notebook \$0 Handouts

Massage Practitioner Program Level I	250 hrs	Pmt plan \$1020 (4m)	Pmt plan \$695 (6M)	Pmt plan \$520 (8m)	Pmt plan \$420 (10m)	Reg Fee \$200	Program Tuition 4000	Supplies \$97
Muscle Physiology Pathology (R) (Dawn Williamson)	16	tba				\$32	\$320	MPP \$103
Neuroendocrine Physiology, Pathology (R) Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Wed Jan 15-Mar 5	5-9	n/a		\$50	\$640	MPP- \$100 Notebook -\$0
Breaks	22			- /-			¢6.40	MDD 6400
and Christmas		Dec 20, 2024- Jan 05, 2025						
Bodywork Module tba) <b>Thanksgiving</b>	30	Thu Nov 7-21, Dec 5-19 Nov 27-Dec 1,	5-9:30pm	Thu Jan 16	5-8:15pm	\$50	\$600	
Muscle Testing ( E) (Dr Hesu Whitten)	30	Mon Oct 28-Nov18 Dec 2, 9	5-9:30 pm	Mon Dec 16	5-8:15 pm	\$50	\$600	Touch for Health
Pathology (R) Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed Oct 25- Nov 20, Dec 4-18	5:30-9:30pm			\$50	\$640	MPP \$103
Business Skills ( R ) Katie Mickey and guests	20	Thu Sep 26-Oct 24	5-9pm	n/a		\$32	\$320	handouts
Trigger Point (E) (Gabriela Radu)	60	Mon-Tues Sept 23-Oct 22, 29	5-9:30 pm	Tue (3) Nov 5-19, Dec 3-17	5-8:15 pm	\$50	\$1200	TPW \$20
Essential Oils and Hydrotherapy (Katie Mickey)	20	Wed Sep 18-Oct 9	5-9:15pm	Wed Oct 16	5-8:15	\$32	\$320	Supplies \$50
Neuroendocrine Physiology/Pathology (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Wed Aug 28Oct 16	10-:15-2:15pm	n/a		\$50	\$640	MPP \$103
Bodywork Module (E ) TBA	30	Mon, Wed Aug 19-28, Sep 4, 9	5-9:30pm	Wed Sep 11 Mon Sep 16	5-8:15 pm	\$50	\$600	
Polarity Therapy (E) (Katie Mickey)	30	Thu Jul 11, 25-Aug 22	9-1:30pm	Wed Aug 28	10:15-1:30	\$50	\$600	Polarity \$30
Thai Massage (Sacco Nazooliam)	30	Tue- Sat, Jun 25-29, Jul 2	10am-noon 1-4pm 10am-noon	Tue Jul 2	1-4:15pm	\$ 50	\$600	Handouts
Craniosacral II/Activating the Ventral Vagus Nerve (Katie Mickey, Ron Buckley)	30	Mon Jun 17-Jul 8, 22, 29	5-9:30pm	Mon, Aug 5, 12	5-8:15pm	\$ 50	\$600	AHPVN \$26
Business Skills (R) (Katie Mickey and guests)	20	Thu May 9, 23- Jun 13	9:30-1:30	n/a		\$42	\$420	handouts
Hot Stone (E) (Laura Luongo)	20	Mon (Live) May 6-20, Jun 3	5-9:15pm	Mon Jun 10	5-8:15pm	\$36	\$360	Basalt Rocks and heater
mmune Physiology Pathology (R) Katie Mickey, Lesley Veinstock)	32	Wed May 1-Jun 12 (IDL opt) Jun 19 (Live)	10-2pm	n/a		\$50	\$640	MPP \$103

Massage Therapist Program Level II	300 hrs	Pmt plan \$920 (6m)	Pmt plan \$695 (8M)	Pmt plan \$560 (10 m)	Pmt plan \$470 (12 m)	Reg Fee \$200	Program Tuition \$5400	Supplies varies based on electives
Massage Therapist Program Level I &II	550 hrs	Pmt plan \$1586 (6m)	<b>Pmt plan</b> \$803 (12 m)	Pmt plan \$542 (18 m)	Pmt plan \$447 (22m)	Reg Fee \$200	Program Tuition \$9400	Supplies vary
Holistic Health Practitioner LI, II, III &IV	1000 hrs	Pmt plan \$1366 (13 m)	Pmt plan \$992 (18M)	Pmt plan \$895 (20 m)	Pmt plan \$749 (24 m)	Reg Fee \$200	Program Tuition \$17,500	Supplies varies based on electives
Out of Country Program 2024	55	CLASS DATES/DAYS LOCATION TBA	CLASS TIMES	CLASS TIMES	CLASS TIMES	REG FEE \$200	TUITION \$1100	Supplies \$0
May 8—23 Business Skills and Ethics (IDL )	16	Thu, May 9 Wed, Thu May 8, 9 Thu May 23	9:30-1:30 5:15– 9:15 9:30-1:30					
Ethics and Bodywork Theory and Practice (Live-, Western Bodywork modalities)	39	Mon, May 13 Tue, May 14 Wed, May 15 Thu, May 16 Fri, May 17	1:45-4:30, 10:15-2:15; 10-2 9-1:15 9-1	5-9:15pm 5-9:30 3:30-5 1:45-3:30	5:15-9:15 5:15-9:15	\$200	\$1100	
May 823 Business Skills and Ethics (IDL)	16	Thu, May 9 Wed, Thu May 8, 9 Thu May 23	9:30-1:30 5:15– 9:15 9:30-1:30					
Ethics and Bodywork Theory and Practice (Live, Thai Bodywork)	39	Tue, Jun 25 Wed, Jun 26 Thu, Jun 27 Fri, Jun 28 Sat, Jun 28	10am-noon 10am-noon 10am-noon 10am-noon 8:30-10am	1-4pm 1-4pm 1-4pm 1-4pm 10am-noon	5-9:30pm 5-9pm 5-9pm 1-4pm	\$200	\$1100	

How to Apply A student's space in programs and courses is reserved upon receipt of registration fee, application form, and enrollment agreement form and admissions interview. Courses without sufficient enrollment or subject to Acts of God will be postponed or cancelled (any refunds due will be issued via check within 7 days). Please see full catalog for a complete listing of program & course descriptions, instructor biographies, and school policies.

**Required and Recommended Textbooks for Courses** 250/550/750 /1000 hr programs: <u>Massage Therapy Principles and Practice (MPP</u>)-by Susan Salvo (<u>Required</u>)\$97 Acupressure and the Myofascia: <u>The Spark in the Machine</u> by Dr. Daniel Keown (<u>Required</u>) \$11,Craniosacral Therapy I : <u>Craniosacral Manual</u> (CM) by Mary Sullivan (<u>Required</u>) \$25, Craniosacral Therapy II : <u>Asessing the Healing Power of the Vagus Nerve (ACHPVN)</u> by Stanley Rosenthal (<u>Required</u>) \$26,Immune Physiology Pathology: (<u>MPP</u>)-by Susan Salvo (<u>Required</u>) \$97; <u>Acupressure Potent Points</u> by Michael Reed Gach (Required);Medical Qigong Essentials: <u>The Promise of Qi</u> (PQ) by Roger Jahnke (<u>Required</u>); Muscle Physiology, Pathology: <u>Massage Therapy Principles</u> and Practice (MPP)-by Susan Salvo (<u>Required</u>) \$97;Myofascial Release: <u>Anatomy Trains</u> (AT) by-Thomas Myers (<u>Required</u>) \$65; Neuroendocrine Physiology, Pathology: <u>Massage Therapy Principles and Practice (MPP</u>)-by Susan Salvo (<u>Required</u>) \$97;Trigger Point: <u>Trigger Point Workbook</u> (TPW) by Davies & Davies (<u>Required</u>) \$20; Visceral Lymphatic: <u>Chi Nei Tsang</u> (CNT) by Mantak Chia and <u>Healing for the Age of Enlightenment</u> by Stanley Burroughs (Recommended)