



Santa Barbara Body Therapy Institute
516 N. Quarantina Street, Santa Barbara CA 93103

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The first class of each course has a free 90 minute introduction for prospective students

2022 Schedule as of 05/12/2022

PROGRAM	HRS	PROGRAM Scheduled Start & End Dates	Soonest Program End Dates	6 mo payment plan	8 mo payment plan	10 mo payment plan	REG FEE	Full Program TUITION	Supplies (approx cost)
<i>Massage Practitioner Program: comprised of 250 hrs(L1) modules</i>	250	<i>Jun 17, 2022 -Feb 17, 2023</i>	<i>Dec 21, 2022</i>	<i>\$603</i>	<i>\$457</i>	<i>\$370</i>	<i>\$200</i>	<i>\$3500</i>	<i>\$100</i>
COURSES within 250 Program Hybrid (IDL or Live), Live (Instructor)	HRS	CLASS DATES/DAYS LOCATION	CLASS TIMES	CLINIC DATES	CLINIC TIMES		REG FEE	Program TUITION	Supplies (approx cost)
(L1 r) Nutrition (Hybrid) (Katie Mickey)	13	Apr 28, May 12-26 (Th) 1201 W Valerio St	5-8:15pm	n/a	n/a		\$23	\$234	Life Changing Foods, \$0
(L1 r) Kinesiology (Hybrid) (Noah Lucas)	32	Apr 29-Jun 3 (Fr) Jun 2 ,9 (Th) 516 N. Quarantina St	5-9pm	n/a	n/a		\$50	\$576	MPP, \$97 notebook
(L1 r) Deep Tissue (Hybrid) (Noah Lucas)	31	Jun 10, 24, Jul 1 (Fr) Jun 16-30 (Th) 516 N. Quarantina St	5-9pm	tba	tba				MPP, \$97 notebook
(L1 r) Reflexology (Hybrid) (Katie Mickey)	21	Jun 17 (Fr) Jun 18, 19 (Sat, Sun) 1201 W Valerio	5-8:30pm 9am-5pm	Jun 20 M Jun 23 Th	4-7:15pm 1:45-5pm		\$37	\$378	Handouts
(L1 r) Swedish Massage (Hybrid) (Katie Mickey)	81	Jun 22- Aug 10 (W) Jun 23- Aug 4(Th) Jul 30, 31 (Sat, Sun) 516 N. Quarantina St	9am-1:30pm (Sat, Sun) 10am-6pm	tba	tba				MPP, \$97 notebook
(L1 r) Ethics Essentials (Hybrid) (Katie Mickey and Keld Hove)	16	Jun 24 – Jul 15 (F) 516 N. Quarantina St	9:30am-1:30pm	n/a	n/a		\$28	\$288	handouts
(L1 r) Kinesiology (Hybrid) (Noah Lucas)	32	Aug 11- Sep 15 (Th) Sep 14, 20 516 N. Quarantina St	9:30-11am				\$50	\$576	MPP, \$97 notebook
(L1) Nutrition (Hybrid) (Katie Mickey)	13	Aug 17-Sept 7 (W) 1201 W. Valerio St.	9:30-12:45 pm	n/a	n/a		\$23	\$234	Life Changing Foods, \$0
(L1 r) Swedish Massage (Hybrid) (Katie Mickey)	81	Aug 18-Oct 6 (Th) Aug 26- Sep 30 (Th) Sep 24-25 (Sat, Sun) 516 N. Qua. St	5-9:30 pm 10-6pm						
(L1 r) Reflexology (Hybrid) (Katie Mickey)	21	Aug 19 (Fr) Aug 20,21 (Sat, Sun) 1201 W Valerio	5-8:45pm 9am-5pm	Aug 24, W	4-7:15pm		\$37	\$378	Handouts
(L1 r) Deep Tissue (Noah Lucas)	31	Sep 22-Oct 13 (W, Th) 516 N. Quarantina St	10am-2pm	tba	tba				MPP, \$97 notebook
(L1 r) Ethics Essentials (Hybrid) (Katie Mickey and Keld Hove)	16	Sep 7-28 (Wed) 516 N. Quarantina St	5-9pm	n/a	n/a		\$28	\$288	handouts
(L1 r) Kinesiology (Hybrid) (Noah Lucas)	32	tba		n/a	n/a		\$50	\$576	MPP, \$97 notebook
(L1 r) Deep Tissue (Noah Lucas)	31	tba		tba	tba				MPP, \$97 notebook

PROGRAM	HRS	PROGRAM Scheduled Start & End Dates	Soonest Program End Dates	payment plan	payment plan	payment plan	REG FEE	Full Program TUITION	Supplies (approx cost)
Massage Therapist Program	550	May 25, 2022- Dec 20, 2023	Dec 1, 2023	\$982- (8 mo)	\$660 (12 mo)	\$447 (18mo)	\$200	\$7700	\$300
LII Massage Therapist Program: comprised of 300hrs of 550 hrs: Electives (L2e) and Requirements (L2r)	300 of 550	May 25, 2022- May 25, 2023	May 25-Dec 1, 2022	\$545 (8 mo)	\$440 (10 mo)	\$370 (12 mo)	\$200	\$4200/ \$7700	\$200
Medical Qigong Practitioner Program comprised of 250hrs of (L1) and (L2 r and L2 e) modules	250	May 25, 2022- May 25, 2023	May 25-Dec 1, 2022	\$603 (6 mo)	\$457 (8 mo)	\$370 (10 mo)	\$200	\$3500	\$130
Integrative Massage Therapist Program. comprised of additional 500 of 750 hrs: Electives (L2e) and Requirements (L2r)	200 of 750	May 25, 2022- May 25, 2023	May 25-Dec 1, 2022	\$370 (8 mo)	\$300 (10 mo)	\$250 (12 mo)	\$200	\$2800/ \$10,500	\$300
Holistic Health Practitioner Program Comprised of additional 750 of 1000 hours (L2& 3) Electives	250 of 1000	May 25, 2022- May 25, 2023	May 25-Dec 1, 2022	\$603 (6 mo)	\$457 (8 mo)	\$370 (10 mo)	\$200	\$3500/ \$14,000	\$400
COURSES within 550/750/1000 hr Programs Hybrid (IDL or Live), Live (Instructor)	HRS	CLASS DATES/DAYS LOCATION	CLASS TIMES	CLINIC DATES	CLINIC TIMES		REG FEE	Program TUITION	Supplies (approx cost)
(L2 e) Acupressure and the Myofascia (Hybrid) (Katie Mickey)	30	Apr 19-May10 (Tu) May 14 (Sat) May 15(Sun)	4:30-9pm 1-5:30pm 9am-1:30pm	Sun May 15 T May 17, May 24	2:30- 5:45pm 4-7:15pm		\$50	\$540	Spark in the Machine/ Hand outs
(L2 e) Manual Lymphatic Drainage (LIVE) (Jennie Zaine and Katie Mickey)	30	Apr 18--May 23 (M) 516 N. Quarantina St	10am-2:30pm	May 26, Th Jun 6, M	10am-1:15pm 4-7:15pm		\$50	\$540	Notebook
(L1 r) Deep Tissue and Kinesiology (Hybrid) (Noah Lucas)	70	Apr 28-Jun 30 (Th) May 27-Jun 10, 24 , Jul1 516 N. Quarantina St	5-9pm (Fr)	Jul 7, 14 (Th)	4-7:15pm		\$50	\$1260	MPP, \$97 notebook
(L2 e) Craniosacral Therapy (Live) (Int tba)	30	May 25-Jun 28 (W) 516 N. Quarantina St	5-9:30pm	Jul 1 Fr Jul 6 W	1:45-5pm 4-7:15pm		\$50	\$540	Notebook
(L2 e) Visceral Lymphatic Drainage (LIVE) (Jennie Zaine and Katie Mickey)	30	Jun 7- 21 (Tue) Jun 13—27, (Mon) 516 N. Quarantina St	10am-2:30pm	Jun 28 (T)	4-7:15pm		\$50	\$540	
(L2 r) Neuroendocrine Physiology/Pathology (Katie Mickey)	32	Jul 5-Aug 23 (Tue) 516 N. Quarantina St	10am-2pm	n/a	n/a				
L2 e) Myofascial Release (Hybrid) (Noah Lucas)	60	Jul 5-Aug 15 (M,Tue) 516 N. Quarantina St	5-9:15pm	Aug 22, 29 Sep 12 (M)	4-7:15pm				
L2 r) Muscle Physiology (Hybrid) Noah Lucas)	16	tba							
(L2 r) Immune Physiology Pathology (Inst tba)	32	tba							
(L2 e) Trigger Point (Noah Lucas)	60	tba							
(L2 r) Neuroendocrine Physiology/Pathology (Inst tba)	32	tba							

[Massage Therapy Principles and Practice \(MPP\)](#)- Susan Salvo
[Life Changing Foods \(LCF\)](#)- Anthony Williams
[Chi Nei Tsang \(CNT\)](#)- Mantak Chia
[Acupressure Potent Points \(APP\)](#)- Michael Reed Gach
[Orthopedic Manual and DVD](#) (as supplied by Realbodywork)

[The Promise of Qi \(PQ\)](#) - Roger Jahnke
[Anatomy Trains \(AT\)](#)- Thomas Myers
[The Spark in the Machine](#) – Dr. Daniel Keown
[Polarity Therapy Manual \(PM\)](#)- Mary Sullivan
[Trigger Point Workbook \(TP\)](#) Davies & Davies