



Santa Barbara Body Therapy Institute
516 N. Quarantina Street, Santa Barbara CA 93103

Contact Us:
www.sbbti.com
Phone: 805-966-5802
Email: info@sbbti.com

The first class of each course has a *free 90 minute*
 introduction for prospective students

2021 Schedule as of 1/12/21

COURSE or PROGRAM (INSTRUCTOR)	HRS	Interactive Distance Learning CLASS DATES	CLASS DAYS	TIMES	Live Massage Lab: 1201 W. Valerio St, IDL optional DATES	CLINIC DAYS & TIMES	REG FEE	Program TUITION	Supplies (approx cost)
250 hour Massage Practitioner Program: comprised of modules below: (L1)	250	Next start date Ethics 1/13/21	Wed, Th	See modules below			\$200	\$3500	
300 hours (L2) of Massage Therapist Program: comprised of modules: Electives (L2e) and Requirements (L2r)	300	Next start date Neuroendocrine Physiology Pathology	M	See modules below			\$200	\$4200	
(L2 e) Manual Lymphatic Drainage (Jennie Zaine)	30	Jan 11-Feb 2	M, Tu	10am-1:45pm			\$50	\$540	handouts
(L1 r) Ethics Essentials (Katie Mickey and Keld Hove)	16	Jan 13, 14 Jan20-27	W, Th	10:15-1:30pm 2:30-5:45pm			\$28	\$288	MPP, \$97 handouts
(L2)Neuroendocrine Physiology Pathology (Katie Mickey)	32	Jan 18-Mar 8	M	5-8:30pm					MPP, \$97 MM, \$0
(L1r) Reflexology (Katie Mickey)	21	Jan 28-Feb25	Thu	2-5:30pm	Mar 4, Thu	2-5:30pm	\$37	\$378	handouts
(L 2 e) Myofascial Release	60	Feb 9-Mar 23	Tu,	5-9pm	Sun, Mon Mar 14-Mar 29 Tue, Mar 30	2-6:30pm	\$50	\$540	Anatomy Trains
(L1 r) Swedish Massage (Katie Mickey)	81	Feb 24- Apr 7 Feb 25-Mar 11, Apr 8 Feb 26	Wed Th Fri	10:15-2:15	Fri Mar 5-Apr 9 Th Mar18- Apr 1	10:15-2:45pm			MPP, \$97 notebook
(L1)Nutrition (Katie Mickey)	13	tba					\$23	\$234	Life Changing Foods, \$0
(L2 r) Muscle Physiology & Pathology (Katie Mickey)	16	Apr 5-May 3	Mon	5-8:15pm	n/a				MPP, \$97
(L2r) Business Skills (Katie Mickey and guests)	20	Apr 6-May 11	Tue	5-8:15pm	n/a				MPP, \$97 handouts
(L1 r) Deep Tissue/ Kinesiology (Katie Mickey)	70	April 14-May 6	W-Th	10am-2pm	May 12-Jun3	W, Th 10am-2:30pm	\$50	\$1260	MPP, \$97 handouts
(L2 e) Acupressure & Myofascial Unwinding (Katie Mickey)	30	tba	M,Tu	10am-2pm	May 17-24 May 27	M, Tu 10am-2pm Tu, 11am-2pm			
(L2 r) Immune Phys & Pathology (Katie Mickey, Jennie Zaine)	32	May 10-Jul 5	M	5-8:30pm	n/a				MPP, \$97 ACPP \$15 CM, \$30

Accessing the Healing Power of the Vagus Nerve (AHPVN) –Stanley Rosenberg
Massage Therapy Principles and Practice (MPP)- Susan Salvo
The Promise of Qi (PQ) - Roger Jahnke
Anatomy Trains (AT)- Thomas Myers
Acupressure Potent Points (APP)- Michael Reed Gach
Craniosacral Therapy Manual (CSTM)- Mary Sullivan
Chi Nei Tsang (CNT)- Mantak Chia

Medical Medium (MM)- Anthony Williams
The Contagion Myth (CM)- Dr. Thomas Cowan
Life Changing Foods (LCF)- Anthony Williams