



www.sbbti.com

Pre-apply on our website. Questions?
Email info@sbbti.com or call 805-966-5802

The first class of each course has a free 90 minute introduction

Save 50% on registration fees when you sign up at least 2 weeks prior to course start date

Schedule current as of 12/29/17

*****ONGOING COURSES*****

Registration is CLOSED for the following courses. Class is open to current students for makeup hours only

*****Trigger Point*****

60 hrs with Erick Hudson

*Clinic: Jan 3-17 (Wed) 5:45-9:45pm
-or- Jan 8-29 (Mon) 2:15-5:15pm*

*****Swedish Massage/Deep Tissue*****

Portion of 250 program with Katie Mickey & Emily Sanders

Class: Sep 12-Dec 7, Jan 4-18 (Tue, Thu), Jan 5 (Fri) 9am-1:30pm

*****Swedish Massage/Deep Tissue*****

Portion of 250 program with Katie Mickey & Emily Sanders

Class: Oct 24-Dec 5, Jan 2- Mar 9, 20, 22 (Tue, Thu) 5:30-10pm

*****Acupressure*****

30 hrs with Nell Craig

*Class: Jan 3-10 (Wed) 9am-2:30pm
Jan 8-15 (Mon) 9am-1pm
Clinic: Jan 17 (Wed) 2:15-5:15pm*

*****Musculoskeletal Physiology/Pathology*****

13 hrs with Jordan Terry

Class: Jan 8, 15 (Mon) 5:30-9:30pm

JANUARY 2018

Reflexology

21-34 hrs with Katie Mickey

Class: Jan 12 (Fri) 5:30-9:30pm

Jan 13, 14 (Sat, Sun) 9am-5pm

Clinic: Jan 18-Feb 15 (Thu) 1:45-5pm

Reg Fee: \$31-\$51 Tuition: \$315-\$510

Immune Physiology & Pathology

32 hrs with Emily Sanders

Class: Jan 17-Feb 12 (Mon, Wed) 10am-2pm

Reg Fee: \$48 Tuition: \$480

Orthopedic Massage

60 hrs with Jordan Terry and Emily Sanders

Class: Jan 22-Feb 21, 28 (Mon, Wed) 5:30-10pm

Clinic: Mar 7-14, Apr 4 (Wed) 5:45-9:15pm

Reg Fee: \$90 Tuition: \$900

Craniosacral Therapy II

30 hrs with Mary Sullivan

Class: Jan 21, Feb 18, Mar 18, Apr 22, May 20

(Sun) 11:30-6pm

Clinic: May 21 (Mon) 1:45-4:45pm

Reg Fee: \$45 Tuition: \$450 Supplies: \$25

Swedish/Deep Tissue/Chair Massage

200 hrs with Katie Mickey & Emily Sanders

Class: Jan 30-May 24 (Tue, Thu) 9am-1:30pm

Clinic: Apr 3-May 17 (Tue, Thu) 1:45-5pm

-or- Apr 4-Aug 15 (Wed) 10:15-1:30pm

FEBRUARY 2018

Nutrition (included in Swedish Program)

13 hrs with Emily Sanders

Class: Feb 1-15 (Thu) 9am-1:30pm

Reg Fee: \$19 Tuition: \$195

Medical Qigong Essentials

20 hrs with Nancy Drake

Class: Feb 3-11 (Sat, Sun) 9am-2:30pm

Reg Fee: \$30 Tuition: \$300

Musculoskeletal Physiology/Pathology

13 hrs with Jordan Terry

Class: Feb 14-21 (Mon, Wed) 10-2pm

Reg Fee: \$19 Tuition: \$195

Tui Na I

30 hrs with Erick Hudson

Class: Feb 26-Mar 19 (Mon, Wed) 10am-2pm

Clinic: Mar 21 (Wed) 2:15-5:15pm

Reg Fee: \$45 Tuition: \$450

Medical Qigong: Intro to Diagnosis & Treatment

40 hrs with Nancy Drake & Steve Thomas

Class: Feb 23-Apr 6 (Fri) 9-4pm

Clinic: Mar 16-Apr 6 (Fri) 2:30-4pm

Reg Fee: \$60 Tuition: \$600

Ethics

16 hrs with Katie Mickey

Class: Feb 24-25 (Sat-Sun) 9am-6pm

Reg Fee: \$24 Tuition: \$240

Business Skills

18 hrs with Emily Sanders

Class: Feb 26-Mar 12, Apr 2 (Mon) 5:30-10pm

Reg Fee: \$27 Tuition: \$270

MARCH 2018

Trigger Point

60 hrs with Erick Hudson

Class: Mar 21-Apr 30 (Mon, Wed) 10am-2pm

Clinic: May 2-23 (Wed) 2:15-5:15pm

Reg Fee: \$90 Tuition: \$900 Supplies: \$27

Swedish/Deep Tissue/Chair Massage

200 hrs with Katie Mickey & Emily Sanders

Class: Mar 15-Jul 26 (Tue, Thu) 5:30pm-10pm

(no class 7/3-10)

Clinic: May 11-Oct 5 (Fri) 5:30-8:45pm

Craniosacral Therapy I

30 hrs with Mary Sullivan

Class: Mar 17 (Sat) 10am-6:30pm

Mar 19-26 (Mon, Wed) 4:15-8:30pm

Mar 25 (Sun) 11:30-6:30pm

Clinic: Mar 28 (Wed) 5:45-8:45pm

Reg Fee: \$45 Tuition: \$450 Supplies: \$25

APRIL 2018

Reflexology (included in Swedish Program)

21-34 hrs with Katie Mickey

Class: Apr 5 (Thu) 5:30-9:30pm

Apr 7, 8 (Sat, Sun) 9am-5pm

Clinic: Apr 13- May 11 (Fri) 5:30-8:45pm

Reg Fee: \$31-\$510 Tuition: \$315- \$510

Neuroendocrine Physiology/Pathology

32 hrs with Katie Mickey & Emily Sanders

Class: Apr 9-May 2 (Mon, Wed) 5:30-9:30pm

Reg Fee: \$48 Tuition: \$480

Deep Tissue (included in Swedish Program)

74 hrs with Katie Mickey and Emily Sanders

Class: Apr 10-May 24, May 31(Tue, Thu) 9am-1:30pm

Clinic: tba

Reg Fee: \$100 Tuition: \$1110

Medical Qigong: Clinical Foundations

40 hrs with Nancy Drake & Steve Thomas

Class: Apr 13-May 25 (Fri) 9-4pm

Clinic: Apr 13-May 25 (Fri) 2:30-4pm

Reg Fee: \$60 Tuition: \$600

JUNE 2018

Medical Qigong: Treatment of Organ Disease & Prescription Exercises

40 hrs with Nancy Drake & Steve Thomas

Class: Jun 1-29, Jul 13, 20 (Fri) 9-4pm

Clinic: Jun 1-Jul 13 (Fri) 2:30-4pm

Reg Fee: \$60 Tuition: \$600

PROGRAM REQUIREMENTS

250 Hour Massage Practitioner Program					
Transcript Breakdown		Module Breakdown			
<u>Subjects</u>	<u>Hours</u>	<u>Modules</u>	<u>Hours</u>		
Bodywork Theory & Practice	148	Swedish/ Deep Tissue /Ethics	200		
<i>Classroom</i>	<i>88</i>	<i>Swedish Classroom</i>	<i>72</i>		
<i>Practicum</i>	<i>60</i>	<i>Swedish Clinics (8 x 3.25)</i>	<i>26</i>		
Anatomy	10	<i>Deep Tissue</i>	<i>63</i>		
Kinesiology	30	<i>Deep Tissue Clinics (7x 3.25)</i>	<i>23</i>		
Physiology	10	<i>Ethics</i>	<i>16</i>		
Clinical Pathology/Contraindications	15	Reflexology	30		
Health & Hygiene	15	<i>Classroom</i>	<i>20</i>		
Ethics	19	<i>Clinic (3x3.25)</i>	<i>10</i>		
Business	3	Nutrition	13		
		Chair	7		
		<i>Classroom</i>	<i>4.5</i>		
		<i>Clinic</i>	<i>2.5</i>		
TOTAL HOURS	250	TOTAL HOURS	250		
Program Cost Breakdown:		Hours	Reg Fee	Tuition	Total Cost
Tuition 250 MP - \$11/hr		250	\$200	\$2750	\$2950
Veterans			\$10		\$2760

550 Hour Massage Therapist Program					
Transcript Breakdown		Module Breakdown			
<u>Subjects</u>	<u>Hours</u>	<u>Modules</u>	<u>Hours</u>		
Bodywork Theory & Practice	248	Massage Practitioner	250		
<i>Classroom</i>	<i>155</i>	Bodywork Electives	90		
<i>Practicum</i>	<i>93</i>	Orthopedic Massage and Kinesiology	60		
Clinical Pathology/Contraindications	84	Trigger Point Therapy	60		
Kinesiology	55	Immune Physiology/Pathology	30		
Physiology	52	Neuroendocrine Physiology/ Pathology	28		
Anatomy	52	Musculoskeletal Physiology/Pathology	12		
Business	23	Business Skills	20		
Ethics	19	MBLEx Prep/Final Exams (3 exams available)			
Health and Hygiene	15				
TOTAL HOURS	550	TOTAL HOURS	550		
Program Cost Breakdown:		Hours	Reg Fee	Tuition	Total Cost
Tuition 250 MP - \$11/hr		250	---	\$2750	----
Tuition 550 MT - \$14/hr		300	\$200	\$4200	\$7150
Veterans			\$10		\$6960

1000 Hour Holistic Health Practitioner Program					
Transcript Breakdown		Module Breakdown			
<u>Subjects</u>	<u>Hours</u>	<u>Modules</u>	<u>Hours</u>		
Bodywork Theory & Practice	510	Massage Therapist	550		
<i>Classroom</i>	<i>314</i>	Medical Qigong	200		
<i>Practicum</i>	<i>144</i>	Bodywork Electives	150		
Clinical Pathology/Contraindications	140	Classroom Assistant	100		
Anatomy	112				
Physiology	104				
Kinesiology	67				
Ethics	29				
Health and Hygiene	15				
Business	23				
TOTAL HOURS	1000	TOTAL HOURS	1000		
Program Cost Breakdown:		Hours	Reg Fee	Tuition	Total Cost
Tuition 250 MP - \$11/hr		250	---	\$2750	----
Tuition 550 MT - \$14/hr		300	---	\$4200	----
Tuition 1000 HHP - \$14/hr		450	\$200	\$6300	\$13,450
Veterans			\$10		\$13,260

200 Hour Medical Qigong Practitioner Program					
Transcript Breakdown		Module Breakdown			
<u>Subjects</u>	<u>Hours</u>	<u>Modules</u>	<u>Hours</u>		
Bodywork Theory & Practice	125	Meridian Modalities	60		
<i>Classroom</i>	<i>95</i>	<i>Acupressure</i>	<i>30</i>		
<i>Practicum</i>	<i>30</i>	<i>Tui Na</i>	<i>30</i>		
Clinical Pathology/Contraindications	25	Medical Qigong Essentials	20		
Anatomy	25	Introduction to Diagnosis & Treatment	60		
Physiology	25	Clinical Foundations	60		
TOTAL HOURS	200	TOTAL HOURS	200		
Program Cost Breakdown:		Hours	Reg Fee	Tuition	Total Cost
Tuition 200 MQP - \$15/hr		200	\$200	\$3000	\$3200

PROGRAM REQUIRED TEXTS

250 Hour Massage Practitioner

Required Texts:

- [Massage Therapy Principles & Practices](#) \$97.20
- [Trail Guide to the Body Workbook](#) \$41

Optional Texts/Online Study Courses:

- [Trail Guide to the Body](#) \$68
- [The Complete Illustrated Guide to Reflexology](#) (varies)
- [The Healer Within](#) \$16

550 Hour Massage Therapist & 1000 Hour Holistic Health Practitioner

Required Texts:

- [Massage Therapy Principles & Practices](#) \$97.20
- [A Massage Therapist's Guide to Pathology](#) \$81
- [Anatomy Trains](#) \$99
- [Massage Study Buddy](#) Free
- See individual bodywork modules

Optional Texts/Online Study Courses:

- [Touch for Health](#) \$54
- [Trail Guide to the Body](#) \$68
- [Chi Nei Tsang](#) \$21.55
- [Cranial-Sacral Therapy](#) \$20
- [MBLEx Massage and Bodywork Licensing Exam Study Guide](#) \$32
- [Medical Medium](#) \$29
- [Massage Prep](#) \$60 (6 months)
- [AMTA Massage Exam Study App](#) Free
- [ABMP Massage Coach](#), \$75 (6 months)

200 hr Medical Qigong Practitioner

Recommended Reading:

- [Medical Qigong Essentials, Vol 1-4](#), \$320

PROGRAM SCHEDULES

250 Hour Massage Practitioner Program

Winter -Day (4.5 months + clinic) Jan 12 - May 31, 2018			
Course	Date(s)	Day	Time
Reflexology	Jan 12 - 14	Fri	5:30 - 10pm
Clinic	Jan 18 - Feb 15	Sat & Sun Thurs	9am - 5pm 1:45 - 5pm
Swedish (+ DT & Chair) Clinic	Jan 30 - May 31 Apr 3-May 17	Tue & Thu Tue & Thu	9am - 1:30pm 1:45 - 5pm
Nutrition	Feb 1 - 15	Thu	9am - 1:30pm
Ethics	Feb 24 -25	Sat & Sun	9am - 6pm

550 Hour Massage Therapist Program Includes 2 + weekends and 20 additional clinics

<p style="text-align: center;">Day/Eve (6 months)</p> <p>Months 1-4: Mon, Wed 9am-1:30pm Or 5:30-10pm Tue, Thu 9am-1:30pm Or 5:30-10pm</p> <p>Months 5-6: Mon, Wed 10am-2pm & 5:30-10pm</p>	<p>Due to variances in the timing of courses offered, an exact program is determined upon enrollment. Electives and specialty focus dictate such variations. Please speak to an administrator if you have any questions.</p>
<p style="text-align: center;">Day (9 months)</p> <p>Months 1-4: Tue - Thu 9am-1:30pm</p> <p>Months 5-9: Mon, Wed 10am-2pm</p>	
<p style="text-align: center;">Day or Eve (15 months)</p> <p>Months 1-4: Tue, Thu 9am-1:30pm Or 5:30-10pm</p> <p>Months 5-15: Mon, Wed 10am-2pm Or 5:30-10pm</p>	

200 Hour Medical Qigong Practitioner Program

Course	Date(s)	Day	Time
Medical Qigong Essentials	Feb 3-11	Sat - Sun	9am-2:30pm
Acupressure	*Jun 18-Jul 23	Mon	5:30-10pm
MQ: Intro to Diagnosis & Treatment Clinic	Feb 23-Apr 6	Fri	9am -4pm
	Mar 16-Apr 6	Fri	2:30-4pm
MQ: Clinical Foundations Clinic	Apr 13-May 25	Fri	9am -4pm
	Apr 13-May 25	Fri	2:30-4pm
MQ: Treatment of Disease Clinic	Jun 1-29, Jul 13, 20	Fri	9am -4pm
	Jun 1-Jul 13	Fri	2:30-4pm
Tui Na or Shiatsu	Feb 26-Mar 19 *May 23-Jun 5	Mon, Wed M, T, W	10am-2pm 10am-2pm

1000 Hour Holistic Health Practitioner Program

Program can be completed in 12-24 months, please speak with an administrator to determine program schedule.

PROGRAM COSTS

250 Hour Massage Practitioner \$11/hr

	Reg	Tuition	Fee	Mo/Pmt	Total Cost
Paid in full	\$200*	\$2,750	---	---	\$2,950
4mo	\$200*	\$2,750	\$80	\$707	\$3,028
5mo	\$200*	\$2,750	\$100	\$570	\$3,050
6mo	\$200*	\$2,750	\$120	\$478	\$3,068
7mo	\$200*	\$2,750	\$140	\$413	\$3,091

Reg Fee for Veterans: \$10

All plans presume prepaid reg fee

The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

300 Hour (Cont.) Massage Therapist \$14/hr

	Reg	Tuition	Fee	Mo/Pmt	Total Cost
Paid in full	\$200*	\$4,200	---	---	\$4,400
6mo	\$200*	\$4,200	\$120	\$720	\$4,520
7mo	\$200*	\$4,200	\$140	\$620	\$4,540
8mo	\$200*	\$4,200	\$160	\$545	\$4,560
9mo	\$200*	\$4,200	\$180	\$487	\$4,580

Reg Fee for Veterans: \$10

All plans presume prepaid reg fee

The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

550 Hour Massage Therapist \$11/250 & \$14/300 hr

	Reg	Tuition	Fee	Mo/Pmt	Total Cost
Paid in full	\$200*	\$6,950	---	---	\$7,150
6mo	\$200*	\$6,950	\$120	\$1,178	\$7,268
9mo	\$200*	\$6,950	\$180	\$792	\$7,328
12mo	\$200*	\$6,950	\$240	\$599	\$7,388
14mo	\$200*	\$6,950	\$280	\$516	\$7,424

Reg Fee for Veterans: \$10

All plans presume prepaid reg fee

The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

1000 Hr Holistic Health Practitioner \$11/250, \$14/750

	Reg	Tuition	Fee	Mo/Pmt	Total Cost
	\$200*	\$13,250	---	---	\$13,450
12mo	\$200*	\$13,250	\$240	\$1,124	\$13,688
15mo	\$200*	\$13,250	\$300	\$903	\$13,745

Reg Fee for Veterans: \$10

All plans presume prepaid reg fee

The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

200 Hour Medical Qigong \$15/hr

	Reg	Tuition	Fee	Mo/Pmt	Total Cost
	\$200*	\$3,000	---	---	\$3,200
4mo/plan	\$200*	\$3,000	\$80	\$770	\$3,280
6mo/plan	\$200*	\$3,000	\$120	\$520	\$3,320
8mo/plan	\$200*	\$3,000	\$160	\$395	\$3,360

Reg Fee for Veterans: \$10

All plans presume prepaid reg fee

The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

Why choose SBBTI?

- Over 30 years in business. We are the only massage school in Santa Barbara County because we are the best.
- World-class instructors & small classes
- Flexible schedules with classes starting all the time
- Payment plans available

HOW TO APPLY

A student's space in programs and courses is reserved upon receipt of registration fee, application form, and enrollment agreement form and admissions interview. Courses without sufficient enrollment will be postponed or cancelled (any refunds due will be issued via check within 7 days).

Below are a few of general policies. Please see full catalog for a complete listing of program & course descriptions, instructor biographies, and school policies.

SCHOOL POLICIES

Registration Fees: All registration fees are nonrefundable and due at the time of enrollment. Registration fees are reduced by 50% if you pay the fee two weeks prior to the start of the class.

Program Registration Fees & Course Changes:

Discounted course registration fees for programs are based on commitment to stay enrolled in chosen courses. To incur no additional reg fees, if a course choice changes the school needs a minimum of a two week notice of program change. Otherwise an additional reg fee of 10 % of individual course, maximum \$50, will be charged for dropped course.

Full Payment Options: Payments are due by the first day of class, and we accept cash, check or credit card.

Payment Plans Options: Payment plans are available on a "pay as you go" basis. Students may make monthly payments commensurate to their rate of study. In other words, if you choose to attend school four days per week, you would be required to pay at a higher monthly rate than if you only attend twice a week. Monthly installments include a \$20 processing fee. Payments are done by automatic withdrawal from a credit card, unless other arrangements are requested. All students have equal access to plan options and no additional interest is incurred beyond the monthly processing fee.

Our intention is that student leave school with certification of program completion and valuable career skills and no debt. Therefore, all tuition must be paid in full before certificates and transcripts are released.

Become a part of Santa Barbara's healing community at SBBTI, *where lives change.*

STUDENT TUITION RECOVERY FUND (STRF):

"You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you: 1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all of part of your tuition either by cash, guaranteed student loans, or personal loans, and 2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party. You are not eligible for protection from the STRF and you are not required to pay the STRF assessment if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or
2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party."

"The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Private Postsecondary and Vocational Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or
3. to provide equipment or materials for which a charge was collected within 180 days before closure of the school.
4. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
5. There was a material failure to comply with the Act or this Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.
6. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

However, no claim can be paid to any student without a social security number or a taxpayer identification number."

If you have any questions, complaints or problems which you cannot work out with the school and for any questions regarding the STRF, write or call the State of California Department of Consumer Affairs, Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, fax (916) 263-1897 or (888) 370-7589