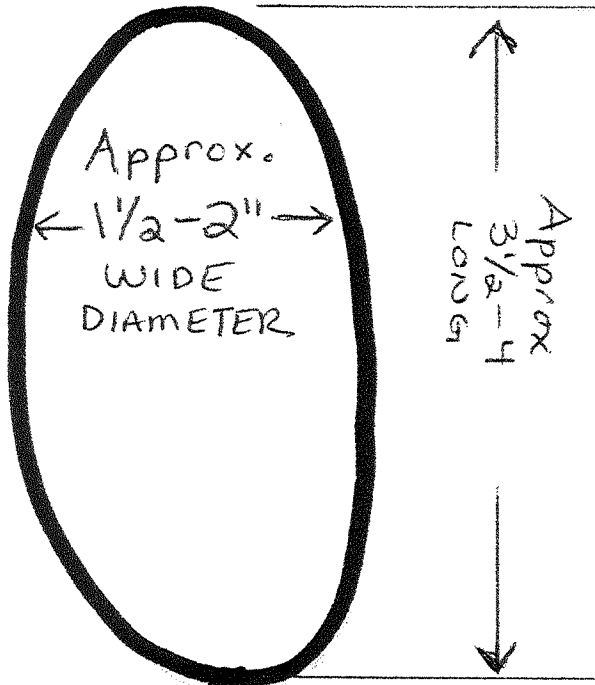


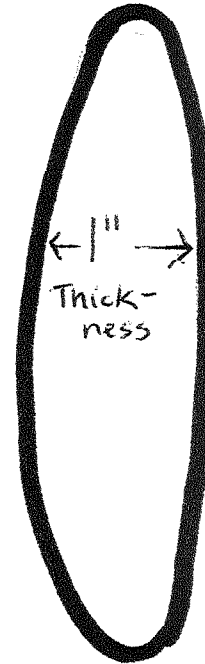
# STONES TO FIND- actual-size guide

Please be aware that it is essential that you know what BASALT is and what to look for. Basalt is very dense and holds heat. It is usually very dark/black. Has a fine grain and is smooth. It is volcanic in its origin. For class you will need:

## 2 Trigger Point Stones

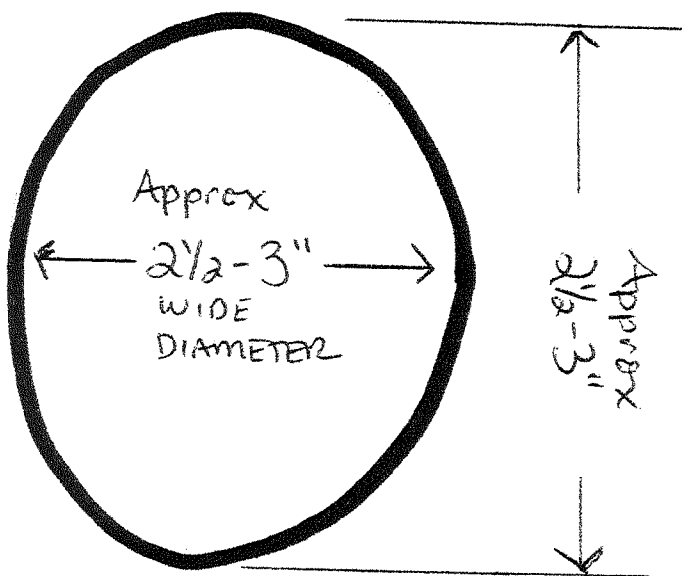


Top View - Diameter

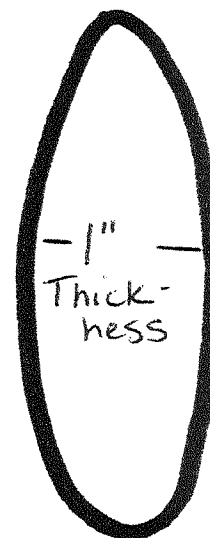


Side View-Width

## 8 Medium Working Stones

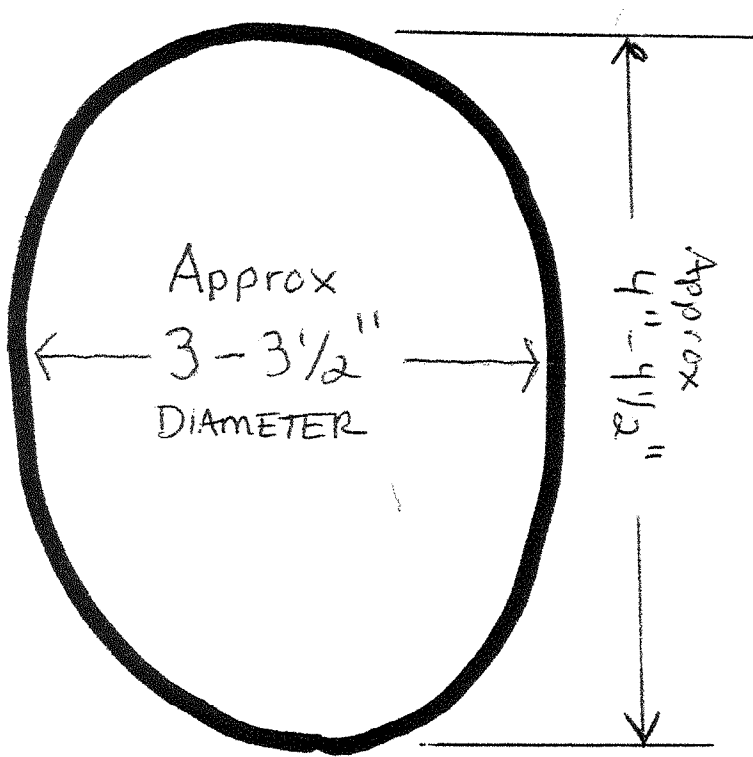


Top View - Diameter

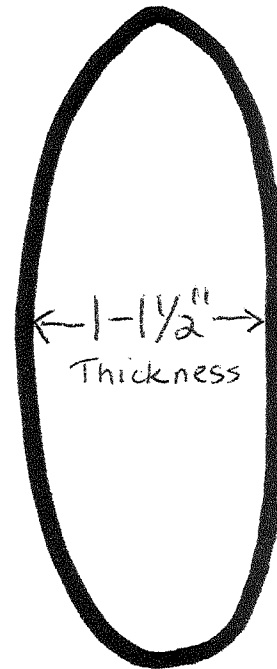


Side View-Width

# 4 Large Back/Thigh Stones

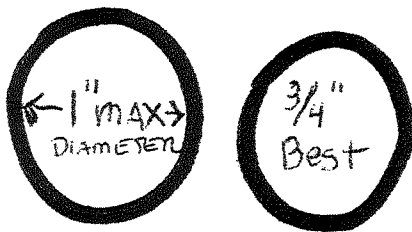


Top View-Diameter

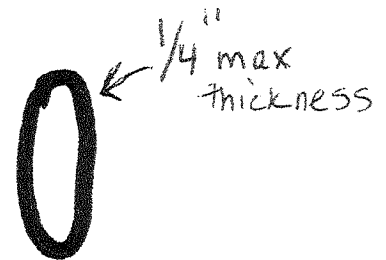


Side View-Width

## 8 Toe Stones (Optional)

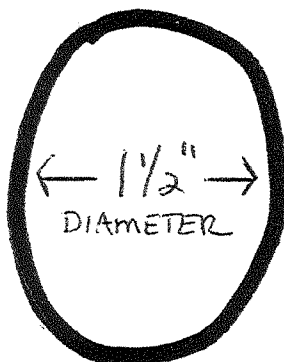


Top View-Diameter



Side View-Width

## 4 Facial Stones



Top View-Diameter



Side view-width