

Ethics Essentials



Our 16 hour Ethics training offers a lively overview of the ethical issues that may arise within the context of bodywork, as well as the laws governing the bodywork profession. Students engage in a variety of exercises such as pushing hands, sensory awareness of energy fields, active listening, reflective listening, nonviolent communication, and role play. Issues regarding sex, money, power and spiritual longing will be explored within the context of practicing massage.

In this course students will learn to:

- Cultivate a Therapeutic relationship that builds trust, honesty and empathic connection.
- Stay within the parameters of their scope of practice as well as safely treat and diagnose using SB577
- Operate within the laws governing them on city, county, state and federal levels
- Practice self-empathy, reflective listening and honest expression when dealing with conflict and difficult clients
- Establish and maintain professional boundaries
- Avoid the pitfalls of transference, countertransference, dual relationships and sexual misconduct

"This Ethics class at SBBTI is an incredible experience. I thought it would be dry repetition of information that I already knew. Instead, I experienced some life changing nuggets of wisdom, expertise and practical life skills. I have been using the skills taught in this class in many daily life interactions - in all areas of my life. This may actually rate as an annual refresher- a reminder class for staying on path in my life." Darya Bronston



2022 Class Times: Tuesday, Oct 18-Nov 8, 5-9 pm

Registration Fee: \$28 **Tuition:** \$288

Course Materials: handouts



Instructor Katie Mickey, CAMTC #18289, H.H.P., R.P.P

Katie has served as Director and core instructor of the Santa Barbara Body Therapy Institute for over 32 years. During that time, she has trained over 3000 students in the Institutes's many programs. She has also served as School Advisory Committee member to the CAMTC. Her educational background includes: UCSB, Santa Barbara College of Oriental Medicine, Institute of Holistic Healing, Body Therapy Institute, School of Intuitive Massage, Castellino training and the Center for Nonviolent Communication. She maintains a private bodywork practice.



Keld Hove, CAMTC 47659 – Keld is a graduate of the Santa Barbara Body Therapy Institute and serves the SB Community as a Restorative Justice Officer. He is an instructor for the Police Academy in community relations and specializes in helping mentally ill and homeless individuals reconnect with society. He runs a nonprofit that teaches bread baking in natural disaster areas, such as Puerto Rico and the Virgin Islands as well as Tribal Lands.

Approval to operate by CA BPPE since 1985 #19282 as in compliance with CA state standards. School code #4201111. Approved for training for Veterans and eligible persons by the CA State Approving Agency for Veterans #2-5-1333-05. Approved by the CAMTC only as a part of our 550 hour program requirement #SCH0020. Accepted by CA Vocational Rehabilitation.

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