

## SCHEDULE A TOUR

Welcome to the Body Therapy Institute! We encourage all prospective students to call us to schedule a tour and speak with an enrollment counselor. Join us for a FREE INTRO to meet the instructors and see if this school is right for you.

To schedule a tour or for more information about the school, please call us or visit our website:

805-966-5802  
[www.sbbti.com](http://www.sbbti.com)

## HOW TO APPLY

A student's space in programs and courses is reserved upon receipt of registration fee, application form, enrollment agreement form and successful completion of admissions interview. Courses without sufficient enrollment will be postponed or cancelled (any refunds due will be issued via check within 7 days).

Below are a few of general policies. Please see full catalog for a complete listing of program & course descriptions, instructor bio's, and school policies.

## SCHOOL POLICIES

**Registration Fees:** All registration fees are nonrefundable and due at the time of enrollment.

**Program Registration Fees & Course Changes:** Discounted course registration fees for programs are based on commitment to stay enrolled in chosen courses. To incur no additional reg fees, if a course choice changes the school needs a minimum of a two week notice of program change. Otherwise an additional reg fee of 10 % of individual course, maximum \$50, will be charged for dropped course.

**Full Payment Options:** Payments are due by the first day of class, and we accept cash, check or credit card.

**Payment Plans Options:** Payment plans are available on a "pay as you go" basis. Students may make monthly payments commensurate to their rate of study. In other words, if you choose to attend school four days per week, you would be required to pay at a higher monthly rate than if you only attend twice a week. Monthly installments include a \$20 processing fee. Payments are done by automatic withdrawal from a credit card, unless other arrangements are requested. All students have equal access to plan options and no additional interest is incurred beyond the monthly processing fee.

Our intention is that student leave school with certification of program completion and valuable career skills and no debt. Therefore, all tuition must be paid in full before certificates and transcripts are released.

We have been serving students for over 25 years and look forward to having you join our wonderful school!



516 N. QUARANTINA STREET, SANTA BARBARA, CA 93103  
805-966-5802 [www.sbbti.com](http://www.sbbti.com)

## WANT TO CHECK US OUT? EXPERIENCE AT NO CHARGE FIRST 1.5 HRS OF A COURSE !

### JUNE

**Swedish Fundamentals** 22 hrs with Katie Mickey and Sonia Ross  
Class: June 23-July 21 (Thu) 5:30-10pm  
REg Fee \$31, Tuition \$308

**Swedish Massage** 200 hrs with Katie Mickey and Sonia Ross  
Class: June 23- Oct 19 ( Wed, Thu) 5:30-10pm, no Swedish class,  
Jun 29-Jul 20, Sep 29-Oct 13  
Weekend Retreat: Aug 27, 28 (Sat, Sun) 8:30am-7pm  
Clinic: (Mon, Tue, Th, Fri) 1:45-4:45pm or (Tue) 5:45-8:45pm  
ongoing

**Nutrition** 13 hours with Emily Sanders  
Class: Jun 29-Jul 13 (Wed) 5:30-10pm  
Reg Fee: \$18, Tuition: \$182

### JULY

**Orthopedic Massage and Kinesiology** 60 hrs with Sean Riehl  
Class: Jul 5-Aug 16 (Mon, Tue) 9am-1:00pm  
Clinic: Aug 16, 23, 30 (Tue) 1:45-4:45pm  
Reg Fee: \$84, Tuition: \$840  
Required Viewing/Reading: \$60, Structural Bodywork DVD and Manual, includes Massage Crème and poster

**Business Skills:** 20 hrs with Emily Saunders  
Class: Jul 5- Aug 2 (Tue) 5:30-9:30pm  
Reg Fee: \$28, Tuition: \$280

**Ethics** 9 hrs with Katie Mickey  
Class: Jul 7, 14 (Thu) 9am-1:30pm  
Reg Fee: \$12, Tuition: \$126

**Medical Qigong Essentials:** 32 hrs with Shawny Donahue & Nancy Drake  
Class: Jul 9, 10, 16, 17 (Sat, Sun) 9am-1pm, 2pm-6pm  
Reg Fee: \$44, Tuition: \$448  
Optional Reading: Medical Qigong Essentials Volume 1 \$80

**Chair Massage** 7 hrs with Sonia Ross  
Class: July 20 (Wed) 5:30-10pm  
Reg Fee \$9, Tuition: \$98

SANTA BARBARA  
BODY THERAPY INSTITUTE

CATALOG INSERT 2016  
Current as of 6/20/16

**Muscle Testing & Meridians** 30 hrs w/ Jordan Terry

Class: July 11-Aug 15 (Mon) 5:30-10pm

Clinic: Aug 23 (Tue) 5:45pm-8:45pm

Reg Fee: \$42, Tuition: \$420

AUGUST

**Swedish Massage Program** with Katie Mickey & Sonia Ross

Class: Aug 3-Nov 9, Nov 30 (Wed, Thu) 9am-1:30pm, no Swedish on Nov 10-24

Weekend Retreat: Aug 27,28 (Sat, Sun) 8:30am-7pm

Reg Fee: \$100 Tuition: \$2544

**Musculoskeletal Physiology/ Pathology** 13 hrs with Jordan Terry

Class: Aug 9, 16 (Tue), Aug 22 (Mon) 5:30-10pm

Reg Fee: \$18, Tuition: \$182

Required Text: Massage Therapist's Guide to Pathology, \$84

**Nutrition** 13 hours with Emily Sanders

Class: Aug 11-Sep 1 (Thu) 2-5:15pm

Reg Fee: \$18, Tuition: \$182

**Reflexology & Stress Management** 21 hrs with Katie Mickey

Class: Aug 12 (Fri) 5:30-9:30pm, Aug 13, 14 (Sat, Sun) 9am-5pm;

Clinic: Aug 17 (Wed) 1:45-4:45pm

Reg Fee: \$29 Tuition: \$294

**Chair Massage** 7 hrs with Sonia Ross

Class: Aug 24 (Wed) 9-1:30pm

Reg Fee \$9, Tuition: \$98

**Acupressure** 30 hours with Nell Craig

Class: Aug 29, Sep 12- Sep 19 (Mon) Aug 30- Sep 13 (Tue)

5:30-10pm, Clinic: Sep 20 (Tue) 5:45-8:45pm

Reg Fee: \$42 Tuition: \$420

SEPTEMBER

**Neuroendocrine Physiology/Pathology** 28hrs w/ Deborah Hunter

Class: Sep 13- Oct 25 ( Tue) 9am-1:30pm

Reg Fee: \$39, Tuition: \$392

Required Text: Massage Therapist's Guide to Pathology, \$84

**Sports Massage & Athletic Taping** 15 hrs with Rachel Douglas

Class: Sep 16 (Fri) 5:30-8:30pm, Sep 17, 18 (Sat, Sun) 10-5pm

Clinic: Sep 18 (Sun) 1:45-5pm

Reg Fee: \$21 Tuition: \$210 Supplies Fee: \$30

**Swedish Massage** 200 hrs with Katie Mickey and Sonia Ross

Class Sep 28- Feb 15 (Wed, Thu) 5:30-10pm, no class Nov 23, 24, Dec 16-Jan 5, Jan 26, Feb 2, 9

Weekend Retreat: TBA (Sat, Sun) 8:30am-7pm

Clinic: (Mon, Tue, Th, Fri) 1:45-4:45pm or (Tue) 5:45-8:45pm

ongoing

**Reflexology & Detoxification** 21 hrs with Katie Mickey

Class: Sep 23 (Fri) 5:30-9:30pm, Sep 24, 25 (Sat, Sun) 9am-5pm;

Clinic: Sep 29 (Thu) 5:45-8:45pm

Reg Fee: \$29 Tuition: \$294

**Trigger Point Therapy** 60 hrs with Jordan Terry

Class: Sep 26-Nov 7 (Mon Tue) 5:30-10pm (no class on Oct 31)

Clinic: Nov 8 – 22 (Tue) 5:45-8:45pm, choose 2

Reg Fee: \$84, Tuition: \$840

Required Reading: Trigger Point Therapy Workbook, \$26.95

**STUDENT TUITION RECOVERY FUND (STRF):**

"You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all of part of your tuition either by cash, guaranteed student loans, or personal loans, and 2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party. You are not eligible for protection from the STRF and you are not required to pay the STRF assessment if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or
2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party."

"The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students who are California residents, or are enrolled in a residency program attending certain schools regulated by the Bureau for Private Postsecondary and Vocational Education.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or
3. to provide equipment or materials for which a charge was collected within 180 days before closure of the school.
4. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
5. There was a material failure to comply with the Act or this Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.
6. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

However, no claim can be paid to any student without a social security number or a taxpayer identification number."

If you have any questions, complaints or problems which you cannot work out with the school and for any questions regarding the STRF, write or call the State of California Department of Consumer Affairs, Bureau for Private Postsecondary Education, 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833, fax (916) 263-1897 or (888) 370-7589

**PROGRAM COSTS**

**250 Hour Massage Practitioner \$10/hr**

	Reg	Tuition	total pmt Fee	Mo/Pmt	Total Cost
Paid in full	\$100*	\$2500			<b>\$2600</b>
4mo/ plan	\$100*		\$80	\$645	\$2680
5mo/plan	\$100*		\$100	\$520	\$2700
6mo/plan	\$100*		\$120	\$437	\$2720
7mo/plan	\$100*		\$140	\$377	\$2740

\*Reg Fee for Veterans: \$10 all plans presume prepaid reg fee  
The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

**300 Hour (Continuing) Massage Therapist \$14/hr**

	Reg	Tuition	total pmt Fee	Mo/Pmt	Total Cost
	\$100*	\$4200			<b>\$4300</b>
6mo/ plan	\$100*		\$120	\$720	\$4420
7mo/plan	\$100*		\$140	\$620	\$4440
8mo/plan	\$100*		\$160	\$545	\$4460
9mo/plan	\$100*		\$180	\$487	\$4480

\*Reg Fee for Veterans: \$10 all plans presume prepaid reg fee  
The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

**550 Hour Massage Therapist \$10/250 hr \$14/300 hr**

	Reg	Tuition	total pmt Fee	Mo/Pmt	Total Cost
	\$100*	\$6700			<b>\$6800</b>
6mo/ 5 class/wk	\$100*		\$120	\$1137	\$6920
9mo/ 4 class/wk	\$100*		\$180	\$ 765	\$6980
12mo/ 3 class/wk	\$100*		\$240	\$ 578	\$7040
14mo/ 2class/wk	\$100*		\$280	\$ 499	\$7080

\*Reg Fee for Veterans: \$10 all plans presume prepaid reg fee  
The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

**1000 Hr Holistic Health Practitioner \$10/250 14/750**

	Reg	Tuition	total pmt Fee	Mo/Pmt	Total Cost
	\$100*	\$13000			<b>\$13,100</b>
12mo/ 5 class/wk	\$100*		\$240	\$1103	\$13,340
15mo/ 4 class/wk	\$100*		\$300	\$ 887	\$13,400

\*Reg Fee for Veterans: \$10 all plans presume prepaid reg fee  
The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

**200 Hour Medical Qigong \$14/hr**

	Reg	Tuition	total pmt Fee	Mo/Pmt	Total Cost
	\$100*	\$2800			<b>\$2900</b>
4mo/	\$100*		\$80	\$720	\$2980
6mo/plan	\$100*		\$120	\$487	\$3020
8mo/plan	\$100*		\$160	\$370	\$3060

\*Reg Fee for Veterans: \$10 all plans presume prepaid reg fee  
The schedule of total charges for a period of attendance equals an estimated schedule of total charges for the entire educational program.

**OCTOBER**

**Ethics 9 hrs with Katie Mickey**

Class: Oct 26, Nov 2 (Wed) 5:30-10pm  
Reg Fee: \$12, Tuition: \$126

**NOVEMBER**

**Immune Physiology, Pathology 27 hrs with Emily Sanders**

Class: Nov 14-Dec 19, Jan 9-23 (Mon)) 6-9pm  
Reg Fee: \$37, Tuition: \$378

**Ethics 9 hrs with Katie Mickey**

Class: Nov 16, 23 (Wed) 9am-1:30pm  
Reg Fee: \$12, Tuition: \$126

**PROGRAM SCHEDULES**

**250 Hour Massage Practitioner Program**

**Summer- Eve(18 wks) Jun 23-Oct 19, 2016**

**Swedish** June 23-Oct 12 (Wed, Thu) 5:30-10pm

**Nutrition:** Jun 29-Jul 13 (Fri) 5- 9:30pm

OR Aug 11-Sep 1 (Thu) 2-5:15pm

**Chair Massage** July 20 (Wed) 5:30-10pm

**Swedish Retreat** Aug 27,28 (Sat, Sun) 8:30am-7pm

**Ethics** Jul 7,14 (Thu) 9am-1:30pm

OR Oct 26, Nov 2 (Wed) 5:30-10pm

**Reflexology** Aug 12 (Fri) 5:30-9:30pm, Aug 13, 14 (Sat, Sun) 9am-5pm; Clinic: Aug 17 (Thu) 5:45-8:45pm

**Clinic Options** (Mon – Thu, Sat) 1:45-4:45pm (Tue-Thu) 5:45-8:45pm

**Summer/Fall -Day (18 wks) Aug 3-Nov 30, 2016**

**Swedish** Aug 3- Nov 30 (Wed, Thu) 9am-1:30pm, no Swedish on Nov 10-24

**Nutrition:** Aug 11-Sep 1 (Thu) 2-5:15pm

**Swedish Retreat** Aug 27,28 (Sat, Sun) 8:30am-7pm

**Chair Massage** Aug 24 (Wed) 9am-1:30pm

**Reflexology** Aug 12 (Fri) 5:30-9:30pm, Aug 13, 14 (Sat, Sun) 9am-5pm; Clinic: Aug 17 (Thu) 5:45-8:45pm

**Ethics** Nov 16, 23 (Wed) 9am-1:30pm

**Clinic Options** (Mon – Thu, Sat) 1:45-4:45pm (Tue-Thu) 5:45-8:45

**Fall /Winter- Eve (17 wks) Sep 28- Feb 15, 2017**

**Reflexology** Sep 23 (Fri) 5:30-9:30pm, Sep 24, 25 (Sat, Sun) 9am-5pm, Clinic Sep 29 (Thu) 5:45-8:45pm

**Swedish** Sep 28- Feb 15 (Wed, Thu) 5:30-10pm, no class Nov 23, 24, Dec 16-Jan 5, Jan 26, Feb 2, 9

**Ethics** Oct 26-Nov 2 (Wed) 5:30-10pm

**Chair** Oct 20 (Thu) 5:30-10pm

**Nutrition** Jan 26- Feb 9 (Thu)

**Clinic Options** (Mon – Thu, Sat) 1:45-4:45pm (Tue-Thu) 5:45-8:45

**Fall /Winter -Day(17 wks) Nov 2- Mar 16, 2017**

**Swedish** Nov 2-Mar 8 (Wed, Thu) 9am-1:30pm, no class Dec 16- Jan 5

**Reflexology, Nutrition, Ethics, Chair** tba

**550 Hour Massage Therapist Program**  
*Attendance Options (Includes 1 or more weekends and 20 additional clinics):*

**Day/Eve (6 months)**

**Months 1-4:** (Mon, Tue) 9am-1:30pm & 5:30-10pm,  
(Wed, Thu) 9am-1:30pm or 5:30-10pm  
**Months 5-6:** (Mon, Tue) 9am-1:30pm & 5:30-10pm,  
(Tue) 1:45-4:45pm

**Day (9 months)**

**Months 1-4:** (Mon- Thu) 9am-1:30pm  
**Months 5-9:** (Mon, Tue) 9am-1:30pm

**Eve (9 months)**

**Months 1-4:** (Mon- Thu) 9am-1:30pm  
**Months 5-9:** (Mon, Tue) 9am-1:30pm

**Day or Eve (15 months)**

**Months 1-4:** (Wed, Thu) 9am-1:30pm or 5:30-10pm,  
**Months 5-15:** (Mon, Tue) 9am-1:30pm or 5:30-10pm

**1000 Hour Holistic Health Practitioner Program**

Program can be completed in 12 to 24 months depending upon student's availability. Please speak with a school administrator to determine program schedule.

**PROGRAM SCHEDULES continued**

**200 Hour Medical Qigong Practitioner Program**

**Medical Qigong Essentials:** 32 hrs with Shawny Donahue and Nancy Drake

Class: Jul 9, 10, 16, 17 (Sat, Sun) 9am-1pm, 2pm-6pm

**Introduction to Diagnosis and Treatment** 56 hrs with Shawny Donahue and Nancy Drake

Class Aug 5-Sep 9 (Fri) 9am-1:30pm, Aug 5 (Fri) 2:15-5:15pm  
Clinic: Aug 12 -Sep 23 (Fri) 2:15-5:15pm

**Clinical Foundations** 56 hrs with Shawny Donahue and Nancy Drake

Class: Sep 30- Nov 18 (Fri) 9am-1pm  
Clinic: Sep 30- Nov 18 (Fri) 1:45-4:45pm

**Treatment of Organ Diseases and Medical Qigong Prescription**

**Exercises:** 56 hrs with Shawny Donahue and Nancy Drake  
Class: Dec 2-16, Jan 6-Feb 3 (Fri) 9am-1pm  
Clinic: Dec 2-16, Jan 6-Feb 3 (Fri) 1:45-4:45pm

**PROGRAM REQUIRED TEXTS**

**250 Massage Practitioner**

**Required Texts:**

- Intro to Massage Therapy \$94

**Optional Texts/Online Study Courses:**

- Massage Prep \$60 (6 months)
- The Complete Illustrated Guide to Reflexology (varies)
- The Healer Within \$16

**550 Hour Massage Therapist & 1000 Hour Holistic Health Practitioner**

**Required Texts:**

- Intro to Massage Therapy \$94
- A Massage Therapist's Guide to Pathology \$81
- See individual bodywork modules

**Additional Optional Online Study Courses:**

- Massage Prep \$60 (6 months)
- AMTA Massage Exam Study App, Free
- ABMP Massage Coach, \$75 (6 months)

**200 hr Medical Qigong Practitioner**

**Recommended Reading:**

- Medical Qigong Essentials, Vol 1-4, \$320

**PROGRAM REQUIREMENTS**

**250 Massage Practitioner**

	<i>Hours</i>
Swedish	200
<i>Swedish classroom (31 x 4.5 hr)</i>	139
<i>Swedish clinics (20 x 3.0 hr)</i>	60
<i>Receiving bodywork (1 x 1.0 hr)</i>	1
Chair Massage	7
<i>Classroom (1 x 4.5 hr)</i>	4.5
<i>Community Outreach (1 x 2.5 hr)</i>	2.5
Reflexology	21
Nutrition	13
Ethics	9
<b>TOTAL HOURS</b>	<b>250</b>

**550 Hour Massage Therapist**

	<i>Hours</i>
Massage Practitioner	250
Bodywork Modules	210
Neuroendocrine Physiology/Pathology	28
Immune Physiology/Pathology	27
Musculoskeletal Physiology/Pathology	13
Business Skills	20
MBLEx Prep	2
<b>TOTAL HOURS</b>	<b>550</b>

**1000 Hour Holistic Health Practitioner**

	<i>Hours</i>
Massage Therapist	550
Bodywork Modules	360
Classroom Assistant, Clinical, Lab or Electives	90
<b>TOTAL HOURS</b>	<b>1000</b>