

ADDENDUM



Santa Barbara Body Therapy Institute
 516 N. Quarantina Street, Santa Barbara CA 93103

Contact Us:
 www.sbbti.com
 Phone: 805-966-5802
 Email: info@sbbti.com

The first class of each course has a *free 90 minute* introduction for prospective students

2024 Schedule as of 03/14/24

All classes at Quarantina St Facility

IDL requirements: reside 30 + mi away, illness, transportation issues, or Director’s Waiver. Must obtain IDL permission prior to start of class. All course assessments must be done in person. (R-required). (E elective)

(E- Elective)

COURSES (E= Elective or R=Required) (Instructor)	HRS	CLASS DATES/DAYS LOCATION	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE	TUITION A la carte courses only	Supplies approx cost
Swedish Massage (R) (Katie Mickey, Lori Lewis, Keld Hove, Lesley Weinstock and Jenny Zaine)	130	Wed Feb 7-28, Feb 27-, Apr 3, Apr 17-May 1(Live) Thu Feb 8 -Apr 11 (Live)	5:15-9:30pm	(17 Thu Apr 18-May 2, May 23-Sep 5 Tue May 7 – Jul 30 Mon Apr 22-May 13	5:15-8:30pm 1:45-5pm 5:15-8:30pm 1:45-5pm			MPP- \$97 Notebook - \$0
Compressive Deep Tissue (E) Gabriella Radu	30	Mon (Live) Feb 12-Mar 11 Mar 18	9-1:30pm 9-1:15pm	Mon Apr 8	10-1:15pm	\$50	\$600	Fix Pain \$65
Neuroendocrine Physiology, Pathology (R) (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Tue Feb 13- Mar 5 Mon Mar 11-25 (IDL opt) Apr 1 (Live)	5-9	n/a		\$50	\$640	MPP- \$100 Notebook - \$0
Nutrition (R) (Katie Mickey and Cass Cornish)	13	Wed Mar 6-20, Apr 10 (Live)	5-8:15pm	n/a		\$26	\$260	Handouts
Cranial Sacral I (E) (Katie Mickey and Ron Buckley)	30	Tue (Live) Mar 12 --Apr 16	5 -9:30pm	Tue Apr 23, 30 Mon May 6	5-8:15pm 1-4:15pm	\$50	\$600	
Deep Bodywork (E) (Lori Lewis)	30	Wed (Live) Mar 20-Apr 17 Apr 24	9-1:30pm 9-1:15pm	Wed Apr 24 May 1	1:30-4:45pm 10-1:15pm	\$50	\$600	
Pregnancy Massage (E) (Katie Mickey)	30	Thu (Live) Apr 4 May 2, May 9	9-1:30pm 9-1:15pm	Thu May 9 Mon May 20	1:30-4:45 10-1:15pm	\$50	\$600	
Muscle Physiology Pathology (R) (Dawn Williamson)	16	Mon Apr 8-22 (IDL opt) Apr 29 (Live)	5-9pm	n/a		\$32	\$320	MPP \$103
Kinesiology (R) (Dawn Williamson)	36	Tue, Wed May 21-Jun 18	5:15-9:15pm			\$50	\$720	handouts
Hot Stone (E) (Laura Luongo)	20	Mon (Live) May 6-20, Jun 3	5-9:15pm	Mon Jun 10	5-8:15pm	\$36	\$360	Basalt Rocks and heater
Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed May 1-Jun 12 (IDL opt) Jun 19 (Live)	10:15-2:15	n/a		\$50	\$640	MPP \$103
Business Skills (R) (Katie Mickey and guests)	21	Thu	10:15-2:15	n/a		\$42	\$420	handouts

		May 16-Jun 6 (IDL opt) Jun 13 (Live)							
<i>Eve Massage Practitioner</i> <i>Feb 7-Jul 3, 2024</i> <i>Latest end date Dec 7, 2024</i>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE \$200, below a la carte courses	TUITION Program \$4000 Below A la carte courses	Supplies approximate cost	
Swedish Massage (R) (Katie Mickey, Lori Lewis, Keld Hove, Lesley Weinstock and Jenny Zaine)	130	Wed Feb 7-28, Feb 27-, Apr 3, Apr 17-May 1(Live) Thu Feb 8 -Apr 11 (Live)	5:15-9:30pm	(17 Thu Apr 18-May 2, May 23-Sep 5 Tue May 7- Jul 30 Mon Apr 22-May 13	5:15-8:30pm 1:45-5pm 5:15-8:30pm 1:45-5pm			MPP- \$97 Notebook - \$0	
Nutrition (R) (Katie Mickey and Cass Cornish)	13	Wed Mar 6-20 (IDL opt) Mar 27 (Live)	5-8:15pm	n/a		\$26	\$260	Handouts	
Kinesiology (R) (Dawn Williamson)	36	Wed, Thu May 22-Jun 19	5:15-9:15pm	n/a		\$50	\$720	handouts	
Ethics Essentials (R)® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a		\$32	\$320	MPP-\$97	
Deep Tissue (R) (Dawn Williamson)	30	Thu Jun 20, 27, Jul 11 Wed Jun 26-Jul 10 (Live)	5-9:30pm	Wed Jul 10, 17	5:15-8:30pm	\$50	\$600	MPP- \$97 Notebook - \$0	
<i>Eve Massage Therapist</i> <i>Feb 7, 2024- Feb 7, 2025</i> <i>(LII, 300hrs in addition to 250hrs)</i> <i>Latest end date Dec 7, 2025</i>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	Reg Fee a la carte courses	TUITION a la carte courses	Supplies approx cost	
Neuroendocrine Physiology, Pathology (R) (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Tue Feb 13- 27 Mon Mar 4-25 (IDL opt) Apr 1 (Live)	5-9	n/a		\$50	\$640	MPP-\$100 Notebook - \$0	
Cranial Sacral I (E) (Katie Mickey and Ron Buckley)	30	Tue (Live) Mar 12 --Apr 16	5 -9:30pm	Tue Apr 22, 30 Mon May 6	5-8:15pm 1-4:15pm	\$50	\$600		
Muscle Physiology Pathology (R) (Dawn Williamson)	16	Mon Apr 8-22 (IDL opt) Apr 29 (Live)	5-9pm	n/a		\$32	\$320		
Hot Stone (E) (Laura Luongo)	20	Mon (Live) May 6-20, Jun3	5-9:15pm	Mon Jun 10	5-8:15pm	\$36	\$360	Basalt Rocks and heater	
Muscle Testing Protocols (Dr. Hesu Whitten)	30	Mon Jun 17-Jul 22	5-9:30pm	Mon Jul 29	5:15-8:30	\$50	\$600	Touch for Health	
Trigger Point (E) (Gabriella Radu)	60	Mon, Tue Aug 5-27, Sep 3-10	5-9:30pm	(3) Wed Aug 28- Sep 11 Mon Sep 16- 30	5:15-8:30	\$50	\$1200	Trigger Point Workbook	
Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Tue Sep 17-Oct 29 (IDL opt) Nov 5 (Live)	5-9pm	n/a		\$50	\$640	MPP \$103	
Business Skills (R) (Katie Mickey and guests)	20	Tue Nov 12, 19, Dec 3-10 (IDL opt) Dec 17 (Live)	5-9p,	n/a		\$42	\$420	handouts	

Bodywork Electives TBA									
Thanksgiving and Christmas Breaks		Nov 22-Dec 1, Dec 20, 2024- Jan 05, 2025							
Day Massage Practitioner May 28-Sep 10 2024 <i>Latest end date Mar 28, 2025</i>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE a la carte courses	TUITION la carte courses	Supplies approx cost	
Reflexology (R) (Katie Mickey)	21	Tue May 28-Jun 18	9-1:15pm	Tue Jun 25, Jul2	1:30-4:45pm	\$42	\$420	Handouts	
Swedish Massage (R) (Katie Mickey)	130	Mon Jun 3-Aug 5 Wed Jun 26-Jul 31	9am-1:30pm	Tue Jul 23- ongoing Mon Aug 5- ongoing	1:30-4:45pm			MPP- \$97 Notebook - \$0	
Nutrition (R) (Katie Mickey and Cass Cornish)	13	Tue Jun 4-18 (IDL opt) Jul 9 (Live)	1:30-4:45pm	n/a		\$26	\$260	Handouts	
Kinesiology (R) (Dawn Williamson)	36	Tue Jun 25- Aug 6 Wed Aug 7	9-1pm						
Ethics Essentials (R)® (Katie Mickey and Keld Hove)	16	Mon, Tue Aug 12- 20	9am-1pm	n/a		\$32	\$320	MPP -\$97	
Deep Tissue (Live- R) (Dawn Williamson)	30	Wed Aug 14--Sep 4 Mon Aug 26, Sep 9	9-1:30pm	Tue Sep 10, 17	10-1:15pm	\$50	\$600	MPP- \$97 Notebook - \$0	
Massage Therapist Day May 1, 2024- May 1, 2025 <i>(300 hrs In addition to 250hrs) Latest end date Dec 8, 2025</i>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE \$200, below a la carte courses	TUITION: Program \$9400 Below: a la carte courses	Supplies approx cost	
Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed May 1-Jun 12 (IDL opt) Jun 19 (Live)	10:15-2:15	n/a		\$50	\$640	MPP \$103	
Polarity Therapy (E) (Katie Mickey)	30	Thu Jul 11-Aug 15	10- 2:30pm	Thu Aug 15 Aug 22	1:30-4:45 10-1:15	\$50	\$600		
Bodywork Modules (R) Holistic Adjunct (R) Physiology Pathology (R) Business Skills (R)	150 20 52 20	tba							
Thanksgiving and Christmas Breaks		Nov 22-Dec 1, Dec 20, 2024- Jan 05, 2025							
Massage Practitioner Program LI	250 hrs	Pmt plan \$1020 (4m)	Pmt plan \$695 (6M)	Pmt plan \$520 (8m)	Pmt plan \$420 (10m)	Reg Fee \$200	Program Tuition 4000	Supplies \$97	
Massage Therapist Program LII	300 hrs	Pmt plan \$920 (6m)	Pmt plan \$695 (8M)	Pmt plan \$560 (10 m)	Pmt plan \$470 (12 m)	Reg Fee \$200	Program Tuition \$5400	Supplies varies based on electives	

Massage Therapist Program LI&II	550 hrs	Pmt plan \$1586 (6m)	Pmt plan \$803 (12 m)	Pmt plan \$542 (18 m)	Pmt plan \$447 (22m)		Reg Fee \$200	Program Tuition \$9400	Supplies varies based on electives \$
Holistic Health Practitioner LI, II, III &IV	1000 hrs	Pmt plan \$1366 (13 m)	Pmt plan \$992 (18M)	Pmt plan \$895 (20 m)	Pmt plan \$749 (24 m)		Reg Fee \$200	Program Tuition \$17,500	Supplies varies based on electives
Out of Country Program 2024	55	CLASS DATES/DAYS LOCATION TBA	CLASS TIMES				REG FEE \$200	TUITION \$1100	Supplies \$0
May 6--18 Business Skills (IDL)	16	Mon-Thu May 6-9	5:15-9:15	t					
Ethics and Bodywork Theory and Practice (Live)	39	Tue-Fri May 14-17 Thu May 16 Sat May 18	10:15-2:15pm 5:15-9:15 2:30-4:30 10:15-3:15pm				\$200	\$1100	

How to Apply A student's space in programs and courses is reserved upon receipt of registration fee, application form, and enrollment agreement form and admissions interview. Courses without sufficient enrollment or subject to Acts of God will be postponed or cancelled (any refunds due will be issued via check within 7 days). Please see full catalog for a complete listing of program & course descriptions, instructor biographies, and school policies.

Required and Recommended Textbooks for Courses 250/550/750 /1000 hr programs: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**) \$97
 Acupressure and the Myofascia: The Spark in the Machine by Dr. Daniel Keown (**Required**) \$11
 Craniosacral Therapy I : Craniosacral Manual (CM) by Mary Sullivan (**Required**) \$25
 Craniosacral Therapy II : Activating the Vagus Nerve by Stanley Rosenthal (**Required**) \$26
 Immune Physiology Pathology: (MPP)-by Susan Salvo (**Required**) \$97 ; Acupressure Potent Points by Michael Reed Gach (**Required**)
 Medical Qigong Essentials: The Promise of Qi (PQ) by Roger Jahnke (**Required**)
 Muscle Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**) \$97
 Myofascial Release: Anatomy Trains (AT) by-Thomas Myers (**Required**) \$65
 Neuroendocrine Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**) \$97
 Trigger Point: Trigger Point Workbook (TPW) by Davies & Davies (**Required**) \$20
 Visceral Lymphatic: Chi Nei Tsang (CNT) by Mantak Chia and Healing for the Age of Enlightenment by Stanley Burroughs (Recommended)