



Santa Barbara Body Therapy Institute
 516 N. Quarantina Street, Santa Barbara CA 93103

Contact Us:
 www.sbbti.com
 Phone: 805-966-5802
 Email: info@sbbti.com

The first class of each course has a *free 90 minute* introduction for prospective students

2024 Schedule as of 04/15/24

All classes at Quarantina St Facility

IDL requirements: reside 30 + mi away, illness, transportation issues, or Director’s Waiver. Must obtain IDL permission prior to start of class. All course assessments must be done in person. (R-required). (E elective)

(E- Elective)

Massage Practitioner Eve Level I Feb 7-Aug 7, 2024 Latest end date Dec 7, 2024	HRS	CLASS DATES/DAYS LOCATION	CLASS TIMES	CLINIC DATES -	CLINIC TIMES	REG FEE	TUITION A la carte courses only	Supplies
Swedish Massage (R) (Katie Mickey, Lori Lewis, Keld Hove, Lesley Weinstock and Jenny Zaine)	130	Wed Feb 7-28, Feb 27- Apr 3, Apr 17-May 1(Live) Thu Feb 8 -Apr 11 (Live)	5:15-9:30pm	Thu Apr 18-May 2, Jul 18 – ongoing May 23 – Jul 11 Tue May 7 – Jul 30	5:15-8:30pm 1:45-5pm 5:15-8:30pm			MPP- \$97 Notebook -\$0
Ethics Essentials (R)® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a		\$32	\$320	MPP -\$97
Kinesiology (R) (Dawn Williamson)	36	Wed, Thu May 22-Jun 19	5:15-9:15pm	n/a		\$50	\$720	handouts
Deep Tissue (R) (Dawn Williamson)	30	Wed Jun 26-Jul 31	5-9:30pm	Wed Aug 7, 14	5:15-8:30pm	\$50	\$600	MPP- \$97 Notebook -\$0
Massage Practitioner Eve Level I May 7- Sept 19 2024 Latest end date Mar 7, 2025		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE a la carte courses	TUITION la carte courses	Supplies approx cost
Reflexology (Katie Mickey)	21	Tue May 7-28	5-9:15	Fri May 31 or Wed, Thu Jun 5, 61	5-8:15 pm 2:45-4:30	\$50	\$600	MPP \$ 97 Notebook \$0
Ethics Essentials (R)® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a		\$32	\$320	MPP -\$97
Kinesiology (R) Dawn Williamson		Wed, Thu May 22 – June 19	5:15 – 9:15 pm			\$50	\$720	handouts
Swedish (R) (Katie Mickey and guest Instructors)	130	Tues Jun 4-Aug 27, Thu Jun 20, 27, Jul 11, 18, Aug 15	5-9:30 pm	(17) tba				MPP - \$97 Notebook \$0

Nutrition (R) (Katie Mickey and Cass Cornish)	13	Thu Jul 25-Aug 8, 22	5-8:15pm			\$26	\$260	Handouts
Deep Tissue (Live- R) (Dawn Williamson)	30	Tue, Thu Aug 29-Sep 17	5-9:30 pm	Thu Sept 19	5-8:15 pm	\$50	\$600	MPP- \$97 Notebook -\$0
Massage Practitioner Level I Day 8/27/24-2/11/25 Latest end date Jun 27, 2025		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE a la carte courses	TUITION la carte courses	Supplies approx cost
Reflexology (Katie Mickey)	21	Tue, Thu Aug 27- Sep 5	9-1:30	Thu Sep 12	1:45-5pm	\$50	\$600	MPP \$ 97 Notebook \$0
Swedish (R) (Katie Mickey and guest Instructors)	130	Mon, Tues Sep 16-Nov 12	9-1:30	TBA				MPP - \$97 Notebook \$0
Nutrition (R) (Katie Mickey and Cass Cornish)		Tue Sep 17-Oct 8	1:45-5pm	n/a		\$26	\$260	
Ethics Essentials (R) ® (Katie Mickey and Keld Hove)		Oct 15- 29, Nov 12, 19	1:45-5pm	n/a		\$32	\$320	
Kinesiology (R) Dawn Williamson		Tue, Thu Nov 12-21, Dec 3-17	9-1pm	n/a		\$50	\$720	
Deep Tissue (Live- R) (Dawn Williamson)		Tue, Thu Jan 14-30	9-1:30	Tue Feb 4	10:15-1:30	\$50	\$600	
LII of Massage Therapist 2/07/24-2/07/25 Latest end date Dec 7, 2025 or 5/07/24-5/07/25 Latest end date 3/07/26 or 8/26/24-8/26/25 Latest end date 6/26/26	HRS	CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE a la carte courses	TUITION la carte courses	Supplies approx cost
Cranial Sacral I (E) (Katie Mickey and Ron Buckley)	30	Tue (Live) Mar 12 --Apr 16	5 -9:30pm	Tue Apr 23, 30 Mon May 6	5-8:15pm 1-4:15pm	\$50	\$600	
Deep Bodywork (E) (Lori Lewis)	30	Wed (Live) Mar 20-Apr 17 Apr 24	9-1:30pm 9-1:15pm	Wed Apr 24 May 1	1:30-4:45pm 10-1:15pm	\$50	\$600	
Pregnancy Massage (E) (Katie Mickey)	30	Thu (Live) Apr 4- May 2, 16	9-1:30pm	(1) Mon May 20 Tue May 28	1:30-4:45pm 10-1:15pm	\$50	\$600	
Muscle Physiology Pathology (R) (Dawn Williamson)	16	Mon Apr 8-22 (IDL opt) Apr 29 (Live)	5-9pm	n/a		\$32	\$320	MPP \$103

Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed May 1-Jun 12 (IDL opt) Jun 19 (Live)	10-2pm	n/a		\$50	\$640	MPP \$103
Hot Stone (E) (Laura Luongo)	20	Mon (Live) May 6-20, Jun 3	5-9:15pm	Mon Jun 10	5-8:15pm	\$36	\$360	Basalt Rocks and heater
Business Skills (R) (Katie Mickey and guests)	20	Thu May 9, 23- Jun 13	9:30-1:30	n/a		\$42	\$420	handouts
Craniosacral II/Activating the Ventral Vagus Nerve (Katie Mickey, Ron Buckley)	30	Mon Jun 17-Jul 8, 22, 29	5-9:30pm	Mon, Aug 5, 12	5-8:15pm	\$ 50	\$600	AHPVN \$26
Polarity Therapy (E) (Katie Mickey)	30	Thu Jul 11, 25-Aug 22	9-1:30pm	Wed Aug 28	10:15-1:30	\$50	\$600	Polarity \$30
Bodywork Module (E) TBA	30	Mon, Wed Aug 19-28, Sep 4, 9	5-9:30pm	Mon Sep 16	5-8:15 pm	\$50	\$600	
Neuroendocrine Physiology/Pathology (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Mon Sep 9-Oct 28	10-:15-2:15pm	n/a		\$50	\$640	MPP \$103
Trigger Point (E) (Gabriela Radu)	60	Mon-Tues Sept 23-Oct 22, 29	5-9:30 pm	Tue (3) Nov 5-19, Dec 3-17	5-8:15 pm	\$50	\$1200	TPW \$20
Bodywork Module (tba)	30	Thu Sept 26-Oct 24	5-9:30pm	Thu Nov 7	5-8:15pm			
Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed Oct 16- Nov 20, Dec 4-18	5:30-9:30pm			\$50	\$640	MPP \$103
Muscle Testing (E) (Dr Hesu Whitten)	30	Mon Oct 28-Nov18 Dec 2, 9	5-9:30 pm	Mon Dec 16	5-8:15 pm	\$50	\$600	Touch for Health
Essential Oils and Hydrotherapy (Katie Mickey)	20	Wed Sep 18-Oct 9	5-9:15pm	Wed Oct 16	5-8:15	\$32	\$320	Supplies \$50
Muscle Physiology Pathology (R) (Dawn Williamson)	16	Thu Nov 21, Dec 5-19	11-3pm	n/a		\$32	\$320	MPP \$103
Business Skills (R) Katie Mickey and guests	20	Thu Nov 14, 21 Dec 5-19	5-9pm	n/a		\$32	\$320	handouts
Thanksgiving and Christmas Breaks		Nov 27-Dec 1, Dec 20, 2024- Jan 05, 2025						
Neuroendocrine Physiology, Pathology (R) (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Wed Jan 15-Mar 5	5-9	n/a		\$50	\$640	MPP- \$100 Notebook -\$0
Massage Practitioner Program Level I	250 hrs	Pmt plan \$1020 (4m)	Pmt plan \$695 (6M)	Pmt plan \$520 (8m)	Pmt plan \$420 (10m)	Reg Fee \$200	Program Tuition 4000	Supplies \$97
Massage Therapist Program Level II	300 hrs	Pmt plan \$920 (6m)	Pmt plan \$695 (8M)	Pmt plan \$560 (10 m)	Pmt plan \$470 (12 m)	Reg Fee \$200	Program Tuition \$5400	Supplies varies based on electives

Massage Therapist Program Level I & II	550 hrs	Pmt plan \$1586 (6m)	Pmt plan \$803 (12 m)	Pmt plan \$542 (18 m)	Pmt plan \$447 (22m)		Reg Fee \$200	Program Tuition \$9400	Supplies vary
Holistic Health Practitioner LI, II, III & IV	1000 hrs	Pmt plan \$1366 (13 m)	Pmt plan \$992 (18M)	Pmt plan \$895 (20 m)	Pmt plan \$749 (24 m)		Reg Fee \$200	Program Tuition \$17,500	Supplies varies based on electives
Out of Country Program 2024	55	CLASS DATES/DAYS LOCATION TBA	CLASS TIMES				REG FEE \$200	TUITION \$1100	Supplies \$0
<i>May 8--23</i> Business Skills and Ethics (IDL)	16	Thu, May 9 Wed, Thu May 8, 9 Thu May 23	9:30-1:30 5:15- 9:15 9:30-1:30						
Ethics and Bodywork Theory and Practice (Live)	39	Mon, May 13 Tue, May 14 Wed, May 15 Thu, May 16 Fri, May 17	1:45-4:30, 5-9:15pm 10:15-2:15; 5-9:30 10-2 3:30-5 5:15-9:15 9-1:15 1:45-3:30 5:15-9:15 9-1				\$200	\$1100	

How to Apply A student's space in programs and courses is reserved upon receipt of registration fee, application form, and enrollment agreement form and admissions interview. Courses without sufficient enrollment or subject to Acts of God will be postponed or cancelled (any refunds due will be issued via check within 7 days). Please see full catalog for a complete listing of program & course descriptions, instructor biographies, and school policies.

Required and Recommended Textbooks for Courses 250/550/750 /1000 hr programs: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**)\$97 Acupressure and the Myofascia: The Spark in the Machine by Dr. Daniel Keown (**Required**) \$11,Craniosacral Therapy I : Craniosacral Manual (CM) by Mary Sullivan (**Required**) \$25, Craniosacral Therapy II : Assessing the Healing Power of the Vagus Nerve (ACHPVN) by Stanley Rosenthal (**Required**) \$26,Immune Physiology Pathology: (MPP)-by Susan Salvo (**Required**) \$97 ; Acupressure Potent Points by Michael Reed Gach (**Required**);Medical Qigong Essentials: The Promise of Qi (PQ) by Roger Jahnke (**Required**); Muscle Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**) \$97;Myofascial Release: Anatomy Trains (AT) by-Thomas Myers (**Required**) \$65; Neuroendocrine Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**) \$97;Trigger Point: Trigger Point Workbook (TPW) by Davies & Davies (**Required**) \$20; Visceral Lymphatic: Chi Nei Tsang (CNT) by Mantak Chia and Healing for the Age of Enlightenment by Stanley Burroughs (Recommended)