I'm writing on behalf of my experience with BTI both as a 1000hr. graduate student and as a recipient of the school’s massage services. I attend student clinics on a regular basis as way to keep up with my own selfcare and also because I really enjoy receiving work from the students that have been under the instruction of Body Therapy Institute.

I also appreciate Katie Mickey’s ongoing efforts to supports her students however she can in their own personal care beyond graduation from the program. A few months back I experienced a severe neuropathic pain in my left arm that was so intensely painful and debilitating that I went to the emergency room. They weren't able to do much of anything for me except prescribe drugs that I have had an adverse reaction to in the past, painkillers that would only mask the pain (which are also not an option for me) and a referral to a neurologist that wasn't available to see me for 5 months!!! I was feeling extremely hopeless and helpless since my situation with me arm was so intense and painful that I couldn't raise and lower my arm or open and close my hand.

I turned to Katie for her expertise and experience. She had some great recommendations in addition to inviting me to the student clinic where she offered me a session with Ryan who was a visiting student from Canada enrolled in the BTI Out of Country program. His gentle and intuitive approach to working with me along with his skill and knowledge was the first time I began to feel relief from the excruciating pain that I had been in for numerous days. I felt safe and supported both by his work and Katies supervision. His work was so helpful that I immediately started to feel less pain and more range of motion and in the days that followed I continued to recover more successfully than anything else I had tried. I will be forever grateful for that session with Ryan and the continued support of Katie Mickey’s love and support towards her students*.  Amy Deerinck, 1000 hr grad, SBBTI*