



**Santa Barbara Body Therapy Institute**  
 516 N. Quarantina Street, Santa Barbara CA 93103

**Contact Us:**  
 www.sbbti.com  
 Phone: 805-966-5802  
 Email: info@sbbti.com

The first class of each course has a *free 90 minute* introduction for prospective students

2024 Schedule as of 05/07/24

**All classes at Quarantina St Facility**

**IDL requirements: reside 30 + mi away, illness, transportation issues, or Director’s Waiver. Must obtain IDL permission prior to start of class. All course assessments must be done in person. (R-required). (E elective)**

(E- Elective)

Massage Practitioner Eve Level I Feb 7-Aug 7, 2024 <small>Latest end date Dec 7, 2024</small>	HRS	CLASS DATES/DAYS LOCATION	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE	TUITION A la carte courses only	Supplies
Ethics Essentials (R)® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a		\$32	\$320	MPP -\$97
Kinesiology (R) (Dawn Williamson)	38	Wed, Thu May 22-Jun 19	5:15-9:30pm	n/a		\$50	\$760	handouts
Reflexology (Katie Mickey)	21	Tue, Fri May 21, 31, Jun 4, 11	5-9:30pm	Fri Tue	5-8:15pm 1-4:15pm	\$50	\$600	MPP \$ 97 Notebook \$0
Deep Tissue ( R ) (Dawn Williamson)	30	Wed Jun 26-Jul 31	5-9:30pm	Wed Aug 7, 14	5:15-8:30pm	\$50	\$600	MPP- \$97 Notebook -\$0
Massage Practitioner Eve Level I May 8- Sept 19 2024 <small>Latest end date Mar 7, 2025</small>		CLASS DATES/DAYS LOCATION -	CLASS TIMES	CLINIC DATES	CLINIC TIMES	REG FEE a la carte courses	TUITION la carte courses	Supplies approx cost
Ethics Essentials (R)® (Katie Mickey and Keld Hove)	16	Wed, Thu May 8-16 (Live)	5:15-9:15pm	n/a		\$32	\$320	MPP -\$97
Reflexology (Katie Mickey)	21	Tue, Fri May 21, 31, Jun 4, 11	5-9:30pm	Fri Jun		\$50	\$600	MPP \$ 97 Notebook \$0
Kinesiology (R) Dawn Williamson	38	Wed, Thu May 22 – June 19	5:15 – 9:30 pm	n/a		\$50	\$760	handouts
Swedish ( R ) (Katie Mickey and guest Instructors)	130	Tues Jun 18-Aug 27, Thu Jun 20, 27, Jul 11, 18, Aug 15, 29	5-9:30 pm	(17) tba				MPP - \$97 Notebook \$0
Nutrition (R) (Katie Mickey and Cass Cornish)	13	Thu Jul 25-Aug 8, 22	5-8:15pm			\$26	\$260	Handouts

Deep Tissue (Live- R) (Dawn Williamson)	30	Tue, Thu , Sep 3- 19	5-9:30 pm	Thu Sept 26	5-8:15 pm		\$50	\$600	MPP- \$97 Notebook -\$0
<b>Massage Practitioner Level I Day</b> <b>8/27/24-2/11/25</b> Latest end date Jun 27, 2025		<b>CLASS DATES/DAYS LOCATION -</b>	<b>CLASS TIMES</b>	<b>CLINIC DATES</b>	<b>CLINIC TIMES</b>		<b>REG FEE a la carte courses</b>	<b>TUITION la carte courses</b>	<b>Supplies approx cost</b>
Reflexology (Katie Mickey)	21	Tue, Thu Aug 27- Sep 5	9-1:30	Tue, Sep 10 Thu, Sep 12	10:15-1:30 1:45-5pm		\$50	\$600	MPP \$ 97 Notebook \$0
Swedish ( R ) (Katie Mickey and guest Instructors)	130	Tue, Thu Sep 12-Nov 12	9-1:30	TBA					MPP - \$97 Notebook \$0
Nutrition ( R ) (Katie Mickey and Cass Cornish)		Tue Sep 17-Oct 8	1:45-5pm	n/a			\$26	\$260	
Ethics Essentials ( R ) <sup>®</sup> (Katie Mickey and Keld Hove)		Tue, Thu Oct 15-29	1:45-5pm	n/a			\$32	\$320	
Kinesiology ( R ) Dawn Williamson	38	Tue, Thu Nov 14-21, Dec 3-19	9-1:15pm	n/a			\$50	\$760	
Deep Tissue (Live- R) (Dawn Williamson)		Tue, Thu Jan 14-30	9-1:30	Tue Feb 4	10:15-1:30		\$50	\$600	
<b>LII of Massage Therapist</b> <b>2/07/24-2/07/25</b> Latest end date Dec 7, 2025 or <b>5/07/24-5/07/25</b> Latest end date 3/07/26 or <b>8/26/24-8/26/25</b> Latest end date 6/26/26	HRS	<b>CLASS DATES/DAYS LOCATION -</b>	<b>CLASS TIMES</b>	<b>CLINIC DATES</b>	<b>CLINIC TIMES</b>		<b>REG FEE a la carte courses</b>	<b>TUITION la carte courses</b>	<b>Supplies approx cost</b>
Pregnancy Massage ( E ) (Katie Mickey)	30	Thu (Live) Apr 4- May 2, 16	9-1:30pm	(1) Mon May 20 Tue May 28	1:30-4:45pm 10-1:15pm		\$50	\$600	
Immune Physiology Pathology ( R ) (Katie Mickey, Lesley Weinstock)	32	Wed May 1-Jun 12 (IDL opt) Jun 19 (Live)	10-2pm	n/a			\$50	\$640	MPP \$103
Hot Stone ( E ) (Laura Luongo)	20	Mon (Live) May 6-20, Jun 3	5-9:15pm	Mon Jun 10	5-8:15pm		\$36	\$360	Basalt Rocks and heater
Business Skills ( R ) (Katie Mickey and guests)	20	Thu May 9, 23, Jun 6, 13 May 30	9:30-1:30 1-5pm	n/a			\$42	\$420	handouts
Craniosacral II/Activating the Ventral Vagus Nerve (Katie Mickey, Ron Buckley)	30	Mon Jun 17-Jul 8, 22, 29	5-9:30pm	Mon, Aug 5, 12	5-8:15pm		\$ 50	\$600	AHPVN \$26

Thai Massage (Sacco Nazooliam)	30	Tue- Sat, Jun 25-29, Jul 2	10am-noon 1-4pm 10am-noon	Tue Jul 2	1-4:15pm	\$ 50	\$600	Handouts
Polarity Therapy (E) (Katie Mickey)	30	Thu Jul 11, 25-Aug 22	9-1:30pm	Wed Aug 28	10:15-1:30	\$50	\$600	Polarity \$30
Bodywork Module (E ) TBA	30	Mon, Wed Aug 19-28, Sep 4, 9	5-9:30pm	Wed Sep 11 Mon Sep 16	5-8:15 pm	\$50	\$600	
Neuroendocrine Physiology/Pathology (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	<b>32</b>	Wed Aug 28--Oct 16	10-:15-2:15pm	n/a		\$50	\$640	MPP \$103
Essential Oils and Hydrotherapy (Katie Mickey)	20	Wed Sep 18-Oct 9	5-9:15pm	Wed Oct 16	5-8:15	\$32	\$320	Supplies \$50
Trigger Point (E) (Gabriela Radu)	60	Mon-Tues Sept 23-Oct 22, 29	5-9:30 pm	Tue (3) Nov 5-19, Dec 3-17	5-8:15 pm	\$50	\$1200	TPW \$20
Business Skills ( R ) Katie Mickey and guests	20	Thu Oct 3-24, Nov 7	5-9pm	n/a		\$32	\$320	handouts
Immune Physiology Pathology (R) (Katie Mickey, Lesley Weinstock)	32	Wed Oct 25- Nov 20, Dec 4-18	5:30-9:30pm			\$50	\$640	MPP \$103
Muscle Testing ( E ) (Dr Hesu Whitten and Katie Mickey)	30	Mon Oct 28-Nov18 Dec 2, 9	5-9:30 pm	Mon Dec 16	5-8:15 pm	\$50	\$600	Touch for Health
Bodywork Module (tba)	30	Thu Nov 14,21, Dec 5-19, Jan 16	5-9:30pm	Thu Jan 23	5-8:15pm	\$50	\$600	
<b>Thanksgiving and Christmas Breaks</b>		Nov 27-Dec 1, Dec 20, 2024- Jan 05, 2025						
Neuroendocrine Physiology, Pathology (R) (Katie Mickey, Lesley Weinstock and Miriam Lindbeck)	32	Wed Jan 15-Mar 5	5-9	n/a		\$50	\$640	MPP- \$100 Notebook -\$0
Muscle Physiology Pathology (R) (Dawn Williamson)	16	tba				\$32	\$320	MPP \$103
<b>Massage Practitioner Program Level I</b>	<b>250 hrs</b>	<b>Pmt plan \$1020 (4m)</b>	<b>Pmt plan \$695 (6M)</b>	Pmt plan \$520 (8m)	Pmt plan \$420 (10m)	<b>Reg Fee \$200</b>	<b>Program Tuition 4000</b>	<b>Supplies \$97</b>
<b>Massage Therapist Program Level II</b>	<b>300 hrs</b>	<b>Pmt plan \$920 (6m)</b>	<b>Pmt plan \$695 (8M)</b>	Pmt plan \$560 (10 m)	Pmt plan \$470 (12 m)	<b>Reg Fee \$200</b>	<b>Program Tuition \$5400</b>	<b>Supplies varies based on electives</b>
<b>Massage Therapist Program Level I &amp;II</b>	<b>550 hrs</b>	<b>Pmt plan \$1586 (6m)</b>	<b>Pmt plan \$803 (12 m)</b>	Pmt plan \$542 (18 m)	Pmt plan \$447 (22m)	<b>Reg Fee \$200</b>	<b>Program Tuition \$9400</b>	<b>Supplies vary</b>

<b>Holistic Health Practitioner LI, II, III &amp; IV</b>	<b>1000 hrs</b>	<b>Pmt plan \$1366 (13 m)</b>	<b>Pmt plan \$992 (18M)</b>	<b>Pmt plan \$895 (20 m)</b>	<b>Pmt plan \$749 (24 m)</b>		<b>Reg Fee \$200</b>	<b>Program Tuition \$17,500</b>	<b>Supplies varies based on electives</b>
<b>Out of Country Program 2024</b>	<b>55</b>	<b>CLASS DATES/DAYS LOCATION TBA</b>	<b>CLASS TIMES</b>	<b>CLASS TIMES</b>	<b>CLASS TIMES</b>		<b>REG FEE \$200</b>	<b>TUITION \$1100</b>	<b>Supplies \$0</b>
<i>May 8—23</i> <b>Business Skills and Ethics (IDL )</b>	<b>16</b>	Thu, May 9 Wed, Thu May 8, 9 Thu May 23	9:30-1:30 5:15– 9:15 9:30-1:30						
<b>Ethics and Bodywork Theory and Practice (Live-, Western Bodywork modalities)</b>	<b>39</b>	Mon, May 13 Tue, May 14 Wed, May 15 Thu, May 16 Fri, May 17	1:45-4:30, 10:15-2:15; 10-2 9-1:15 9-1	5-9:15pm 5-9:30 3:30-5 1:45-3:30	5:15-9:15 5:15-9:15		<b>\$200</b>	<b>\$1100</b>	
<i>Jun 25-28</i> <b>Business Skills and Ethics (IDL )</b>	<b>16</b>	tba	tba						
<b>Ethics and Bodywork Theory and Practice (Live, Thai Bodywork)</b>	<b>39</b>	Tue, Jun 25 Wed, Jun 26 Thu, Jun 27 Fri, Jun 28 Sat, Jun 28	10am-noon 10am-noon 10am-noon 10am-noon 8:30-10am	1-4pm 1-4pm 1-4pm 1-4pm 10am-noon	5-9:30pm 5-9pm 5-9pm 1-4 pm		<b>\$200</b>	<b>\$1100</b>	

**How to Apply** A student's space in programs and courses is reserved upon receipt of registration fee, application form, and enrollment agreement form and admissions interview. Courses without sufficient enrollment or subject to Acts of God will be postponed or cancelled (any refunds due will be issued via check within 7 days). Please see full catalog for a complete listing of program & course descriptions, instructor biographies, and school policies.

**Required and Recommended Textbooks for Courses** 250/550/750 /1000 hr programs: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**)\$97 Acupressure and the Myofascia: The Spark in the Machine by Dr. Daniel Keown (**Required**) \$11,Craniosacral Therapy I : Craniosacral Manual (CM) by Mary Sullivan (**Required**) \$25, Craniosacral Therapy II : Assessing the Healing Power of the Vagus Nerve (ACHPVN) by Stanley Rosenthal (**Required**) \$26,Immune Physiology Pathology: (MPP)-by Susan Salvo (**Required**) \$97 ; Acupressure Potent Points by Michael Reed Gach (**Required**);Medical Qigong Essentials: The Promise of Qi (PQ) by Roger Jahnke (**Required**); Muscle Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**) \$97;Myofascial Release: Anatomy Trains (AT) by-Thomas Myers (**Required**) \$65; Neuroendocrine Physiology, Pathology: Massage Therapy Principles and Practice (MPP)-by Susan Salvo (**Required**) \$97;Trigger Point: Trigger Point Workbook (TPW) by Davies & Davies (**Required**) \$20; Visceral Lymphatic: Chi Nei Tsang (CNT) by Mantak Chia and Healing for the Age of Enlightenment by Stanley Burroughs (Recommended)